

Weston Youth Services

Fall Youth Programs



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www.westonyouthservices.org



Where Kids Come First!

Weston Youth Services

Fall programs

Fall online registration will begin on Wednesday, September 5th at 10:01 p.m. Classes are scheduled to begin the week of September 17th and run through the week of December 3rd, unless otherwise noted. All classes run from 3:15-4:15 p.m., unless noted.

For program details, costs, FAQ's, and registration and payment policy, please visit our website at www.westonyouthservices.org.

Hurlbutt Elementary School

Paint, Draw, & More!

Paint Draw & More! is proud of its 20+ successful years as pioneers in children's art instruction. Paint, Draw & More! allows children to express their creativity, while learning technical skills, and helps to build self-esteem through artistic accomplishments.

Days: Monday (11 weeks)
Friday (10 weeks)

Grades: K-2

Cost: Monday \$ 209.00
Fridays \$ 190.00

Instructor: Paint, Draw & More!

Lego Robotics: Simple Machines

Simple Machines is ideal for younger learners who are just getting started with LEGO robotics. This is a perfect transition from regular LEGO pieces to the LEGO Robotics parts. Students will get an introduction to levers, inclined planes, pulleys, screws, and complete changes through building motorized mechanisms.

Day: Monday (8 weeks)

Grades: 1-2

Cost: \$220.00

Instructor: Zaniac – Westport

Fun with Fabric

After a long day of school, why not settle down with this hands-on activities program with Gabriela! Students will work with different materials like wool, cotton, felt, linen, and yarn, allowing them to experiment with different textures and fabrics. New sewing skills, finger knitting and crocheting, braiding, and much more will be introduced to your child in this class.

Day: Monday (11 weeks)

Grades: 1-2

Cost: \$ 198.00

Instructor: Gabriela Low

WOW! Singers

WOW! Singers is a great opportunity for children to explore their love of singing. We will be working on singing expressively using simple songs and even rounds. While we will be learning how to sing with others, students will also have opportunities to add a variety of instruments to our songs such as small rhythm instruments, drums, and even xylophones.

Day: Monday (11 weeks)
Grades: K-2
Cost: \$ 176.00
Instructor: Jessica Cardamone

Intro to STEM with LEGO Materials

Ratchet up your imagination with tens of thousands of LEGO parts. Build engineer-designed projects such as motorcycles, castles, airplanes, and monorails. Then use special pieces to create your own unique design in this 1 ½ hour program. **Note: Projects will not go home with students.**

Day: Tuesday (8 weeks)
Grades: K-1
Cost: \$ 184.00
Instructor: Play-well TEKnologies

Yoga

Join Judy Orr as she encourages children to explore and discover the mind and body connection in a fun-filled way! Judy takes a creative approach to yoga that can be very helpful for children whose bodies are still developing. The use of animated poses and basic stretching exercises promote strength, flexibility, coordination and body awareness. Breathing and visualization techniques teach kids how to focus, relax and develop self-control.

Day: Tuesday (11 weeks)
Thursday (11 weeks)
Grades: 1-2
Cost: \$ 176.00 (Tuesday)
\$ 176.00 (Thursday)
Instructor: Judy Orr

The Secrets of Magic...Jr. Genies Club

We can't teach you how to make your little sister disappear—that wouldn't be right!—but we can reveal the secrets of the professional magician. Disappearing coins, reappearing scarves, card tricks, and more magic stuff awaits your Jr. Genie! What a great way to build self-confidence, develop stage presence, and improve presentation, public speaking, and leadership skills while having a blast! Each week, you'll receive tricks and materials to take home with you.

Days: Tuesday (11 weeks)
Friday (10 weeks)
Grades: K-2
Cost: Tuesday \$ 209.00
Friday \$ 190.00
Instructor: Nisan Eventoff

Karate

This NON-competitive, core-strengthening exercise is good for beginners, intermediates, and advanced students. Sensei Dave focuses on helping students understand and use martial arts to develop self-discipline, self-control, confidence, focus, and respect for others in a fun and safe environment. (If your child requires a white uniform (gi) there is an additional fee of \$ 25.00)

Days: Tuesday (11 weeks)

Wednesday (10 weeks)

Thursday (11 weeks)

Grades: K-2

Cost: Tuesday \$ 176.00

Wednesday \$ 160.00

Thursday \$ 176.00

Instructor: Georgetown Martial Arts - Sensei Dave Chapman

Creative Paper Crafts with Meg Murphy

Ever make anything with paper pulp? The creative process of making hand-made paper has been around for centuries. Students will have so much fun learning how to make paper pulp and turn it into imaginative works of art that include card making, plates, bowls, and more! Children will add touches of creativity and imagination to their work. A sure enjoyment for your art oriented child!

Days: Tuesday (11 weeks)

Wednesday (10 weeks)

Grades: K-2

Cost: Tuesday \$ 204.00

Wednesday \$ 185.00

Instructor: Meg Murphy

Chess

In this beginner class, students will learn the basics of the game of chess, including, but not limited to: board set up, value of pieces, elementary tactics and strategy and elementary endgame. The curriculum builds logical and critical thinking, helps develop patience and concentration, and connects the students with the global historical evolution of chess strategy.

Day: Wednesday (10 weeks)

Grades: 1-2

Cost: \$ 200.00

Instructor: The Chess Club of Fairfield County

Register Early!

Don't take a chance that the class you want will be full or canceled

For more information, please contact Charlene Monn, Program Coordinator at 203-222-2586 or email cmonn@westonct.gov.

Stop Motion Experience

A full 360° immersion into the world of stop motion filmmaking awaits you! Students work in groups rotating through filming stations around the room collaborating as an entire class on videos using 4 different styles of stop motion animation. Work with a variety of styles including time-lapse animation, action scene animation, and live action animation!

Day: Wednesday (8 weeks) Class ends Nov. 14th
Grades: 2
Cost: \$ 160.00
Instructor: Incrediflix

Travel Through Time... A 12,000 Year Walk through History

In this hands-on class, children are introduced to historic times. Based on Anne Millard's book "*A Street through Time*", we will read and review the historic moments the children are most interested in, act them out, and create two and three dimensional artwork. Students will enter the Stone Age, move through the Iron Age, Roman Times, and the Medieval Period.

Day: Wednesday (10 weeks)
Grades: K-1
Cost: \$ 170.00
Instructor: Christine Walder Ferreira

Around the World in Eight Weeks

Grab your passport, start packing, and get ready to travel the world in 8 weeks! Students will experience the traditional languages, history, and cultures of France, Egypt, Australis, Russia, Italy, Spain, China and Brazil. Take a virtual tour in the rain forest, watch out for piranhas in Brazil, and get ready to dance the traditional Russian barynya! These are just a few things that await our international travelers!

Day: Thursday (8 weeks) Class ends Nov. 8th
Grades: K-2
Cost: \$ 152.00
Instructor: Sylvie Lobsenz

In the event of an early dismissal due to inclement weather or any other school emergency, all after-school programs will be **canceled** and the children will be sent home per school policy. In the event of a cancelation, we will send a reminder via email and also post this information on the Weston Youth Services website. If we are unable to contact you in the case of a last minute cancelation by an instructor, children will stay in the main office with the WOW! Supervisor until a parent arrives. We will make every effort to make up missed classes due to cancelations

Food, Fun, and Games!

Children love to cook and are drawn to preparing food with an amazing sense of curiosity and respect. The most effective way to have children embrace healthy foods is to give them the opportunity to prepare it with their own hands and have a pride of accomplishment. Through games, songs, and stories, coupled with tastings, students will expand their knowledge and have an appreciation for healthy eating.

Day: Thursday (8 weeks) Class ends Nov. 8th
Grades: K
Cost: \$ 165.00
Instructor: Gabriela Low

Jedi Engineering with LEGO

The Force Awakens in this introductory engineering course for young Jedi enthusiasts! Explore engineering principles by designing and building projects with LEGO materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrents, and Settlements from a galaxy far, far away! Create motorized and architectural projects using your imagination and engineering to defeat the Empire in this **1 ½ hour** program. **Note:** Projects will not go home with students!

Day: Thursday (8 weeks) Class ends Nov. 8th
Grades: 1-2
Cost: \$ 184.00
Instructor: Play-well TEKnologies

Freaky Fyzzics

Calling all mad scientists... We're looking for a few good junior engineers to build bridges, arches & pyramids. Want to become a magician? We've got the scientific secrets behind some of the world's most famous magic tricks. But wait, there's more!... Learn about forces, gravity, and inertia while experimenting with gyroscopes and spinning wheels. Discover how electric current follows a circuit as you make buzzers buzz and a firefly flicker with light. Build a loop-flying stunt plane and explore the principles of flight. Create your own wave-in-a-bottle and plumb the depths of density and the states of water. All Mad Science programs correlate with CT's science curriculum and are Next Generation Science Standards (NGSS) compliant.

Day: Friday
Grades: 1-2
Cost: \$ 210.00
Instructor: Mad Science of Fairfield and New Haven Counties

Refund Policy for WOW Programs

**If we cancel a course, all fees will be refunded.
If you withdraw from a program before the start of a class, you will be refunded less a \$25.00 processing fee per class. No refunds or credits thereafter.**



Weston Youth Services

Weston Intermediate School

International Cuisine

“I can’t believe my child is eating all of these different kinds of food when I have such a hard time getting him to try something new at home.” Sound familiar?... Why stop at only one type of cuisine when you can have a taste of the whole world? Soups, salads, appetizers, entrees, desserts, and more - Students should bring a willingness to explore new tastes and enjoy old favorites in this **1 ½ hour** hands-on program!

Days: Monday (11 weeks)
Wednesday (10 weeks)
Grades: 3-5
Cost: Monday \$ 264.00
Wednesday \$ 240.00
Instructor: Shelley McConnell

Robotics Using the LEGO EV3 System

Build and program robots using the new LEGO Mindstorms EV3 system. Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pick up and carry objects, and play sounds. **Note: Projects will not go home with students.**

Day: Monday (8 weeks) Class ends November 12th
Grades: 3-5
Cost: \$ 220.00
Instructor: Play-well TEKnologies

Viral Flix

Incrediflix returns this fall with Viral Flix! Viral videos grab our attention and this program gives kids the opportunity to create the same kind of videos we all love watching online. Unboxing videos, web series, review shows, top 10 video, and more... Students will work in groups to write, direct, film, and produce short viral video segments in a safe and fun environment.

Day: Monday (8 weeks) Class ends Nov. 12th
Grades: 3-5
Cost: \$ 160.00
Instructor: Incrediflix

Register Early!
Don't take a chance that the class you want will be full or canceled

Yoga

Join Monzelle Schmedieck as she encourages children to explore and discover the mind and body connection in a fun-filled way! Monzelle takes a creative approach to yoga that can be very helpful for children whose bodies are still developing. The use of animated poses and basic stretching exercises promote strength, flexibility, coordination and body awareness. Breathing and visualization techniques teach kids how to focus, relax and develop self-control.

Day: Tuesday (11 weeks)
Grades: 3-5
Cost: \$ 176.00
Instructor: Monzelle Schmedieck

Snap Circuits & Engineering

In this new electronic engineering program, students will experiment with building simple and complex electronic circuits, such as alarms, doorbells, radios, among other things, using our Snap Circuit Boards and see hands-on how they are used in their daily lives! They will learn about electricity and electrons and experiment with static electricity using our giant Van De Graaff machine. Students will also build and create the code for multiple programmable rovers and build their own take home award winning, Kiko Robot.

Day: Tuesday (8 weeks) Class ends Nov.13th
Grades: 3-5
Cost: \$ 192.00
Instructor: Mad Science of Fairfield & New Haven Counties

Baking with Gabriela!

Calling all bakers... Here comes our very own the Bake Boss! Returning this fall, students in Baking with Gabriela! will learn how to bake like pros as we master the techniques for homemade breads, pies, scones, cookies, and cakes! Each week we'll learn a new baking skill from cutting butter into flour for pie crusts, kneading dough for sweet breads and buns, and much more!

Day: Tuesdays (11 weeks)
Grades: 3-5
Cost: \$ 264.00
Instructor: Gabriela Low

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Cartooning

Learn to create cartoon characters, super heroes and comic strips! Students will learn to develop characters and story lines with associated dramatic illustration. The first few classes will concentrate on drawing and technique which students will then apply while designing and drawing their own projects for the rest of the session.

Day: Tuesdays (11 weeks)
Grades: 3-5
Cost: \$ 209.00
Instructor: Paint, Draw & More

Morning Chess

Start your day off with chess! Beginners and intermediate players will learn the rules, strategies and tactics of chess. So why not get up a little earlier and join the fun of the game! **Class begins at 7:45 a.m.**

Day: Wednesday (10 weeks)
Grades: 3-5
Cost: \$ 120.00
Instructor: Rudd Anderson

Sew Fun

Come learn something new this fall and experience the relaxing qualities of hand sewing, cross stitching, crocheting, and much more with Gabriela! Spend some time with your friends, while making accessories to wear and creating pretty decorations for your home!

Day: Wednesday (10 weeks)
Grades: 3-5
Cost: \$ 180.00
Instructor: Gabriela Low

Bonjour mes Amis

Bonjour mes amis! Parlez vous Francais? Learn the beauty of the French language and the charm of the French culture through games and thematic projects. Students will visit historic landmarks, engage in the beauty and work of French artists and more!

Day: Wednesday (10 weeks)
Grades: 3-5
Cost: \$ 190.00
Instructor: Sylvie Lobsez – Founder of Literakid

Refund Policy for WOW! Programs

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Marine Bots

In Zaniac's Submarine to Robots LEGO® MINDSTORMS® program, students will discuss how robots can be designed as submarines to help discover and protect more of our oceans. Students will learn the principles of robotics, computer programming, and teamwork. During the session, students will identify and work together to solve environmental problems related to our oceans and seas, promote a greater understanding and respect for our ocean ecosystems, comprehend the positive and negative environmental effects of our actions and create, design and build their own Marine Bot creations (basic robotics).

Day: Thursday (8 weeks) Class ends November 8th
Grades: 3-5
Cost: \$ 220.00
Instructor: Zaniac – Westport

WIS Journalism – All the News that’s Fit to Print

Extra, extra, read all about it! Over the 11-week course, students will put together their very own WIS newspaper – the WIS Universe! Students will learn to interview subjects; write features, news articles and editorials; write book, movie and culture reviews; answer “Dear Abby” questions; and create engaging profiles. We will also cover editing and formatting.

Day: Thursday (11 weeks)
Grades: 3-5
Cost: \$ 187.00
Instructor: Michelle Sinclair Colman

Fashion Design

Welcome to the world of Fashion Design. This is a fun exploratory class that examines the various components of clothing design, styles and trends. There will be lots of designing and sketching as students will learn to draw fashion from a ball gown to a ski outfit. All you need is your imagination! **Note:** Students will not sew in this class.

Day: Thursday (11 weeks)
Grades: 3-5
Cost: \$ 187.00
Instructor: Valerie Mason Finegan

Paint, Draw & More!

Paint Draw & More! is proud of its 20+ successful years as pioneers in children’s art instruction. Paint, Draw & More! allows children to express their creativity, while learning technical skills, and helps to build self-esteem through artistic accomplishments.

Day: Thursday (11 weeks)
Grades: 3-5
Cost: \$ 209.00
Instructor: Paint, Draw & More!

Winter online registration is tentatively scheduled to begin on Tuesday, November 13th, with classes beginning the week of January 7th and running through the week of March 25th. Our winter catalog will be available for preview by late October.



Weston Youth Services

For more information, please contact Charlene Monn, Program Coordinator at 203-222-2586 or email cmonn@westonct.gov.

Weston Middle School

Sitter Safety Program

Weston Youth Services offers a Sitter Safety program four times during the school year from 2:30-3:45 p.m.. The schedule is as follows:

- Session I: Wednesdays: October 3, 2018 - October 31, 2018
- Session II: Thursdays: January 3, 2018 - January 31, 2019
- Session III: Wednesdays: February 27, 2019 - March 27, 2019
- Session IV: Wednesdays: April 24, 2019 - May 22, 2019

Each session will cover the following:

- American Heart Association (AHA) First Aid Certification along with Hands Only CPR
- Infant and Toddler Child Care
- Emergency Situations, including a visit from the Weston Police Department
Child Development and Behavior

Grades: 6-8
Cost: \$ 80.00
Instructor: Julia Braden

Weston High School

The Next Street Driver's Education Program

If your high school student is driving you crazy about driving, he/she can participate in The Next Street Driver's Education program held at Weston High School. Seven sessions, including afternoon and evening programs, will be offered during the academic year.

September 25, 2018 - November 15, 2018	Tuesdays and Thursdays	2:45 - 4:45 p.m.
October 10, 2018 - December 3, 2018	Mondays and Wednesdays	7:00 - 9:00 p.m.
November 27, 2018 - January 24, 2019	Tuesdays and Thursdays	2:45 - 4:45 p.m.
December 17, 2018 - February 20, 2019	Mondays and Wednesdays	7:00 - 9:00 p.m.
February 5, 2019 - March 28, 2019	Tuesdays and Thursdays	2:45 - 4:45 p.m.
March 4, 2019 - May 1, 2019	Mondays and Wednesdays	7:00 - 9:00 p.m.
April 9, 2019 - June 4, 2019	Tuesdays and Thursdays	2:45 - 4:45 p.m.

<https://www.thenextstreet.com/ct-driving-schools/fairfield-county/weston-high-school-drivers-ed>

Programs for Parents and Caregivers

Teenagers - Sexting and Pornography: What Parents Need to Know

Sharon Lamb, EdD, PhD, ABPP

November 1, 2018: 10:30 am, Weston Library & 7:00 pm, Wilton Library

Sharon Lamb will take a look at the why and how of youth sexting and pornography and how we as parents may guide our children to healthy and developmentally appropriate activity.

Mindful Parenting: How to Make It Out in One Piece

Tracey Masella, LCSW

January 15, 2019: 10:00 am, Wilton Library & 7:00 pm, Weston Library

Parenting isn't what it used to be! The pressures in our community make mindful parenting a challenge. This interactive presentation will discuss what it means to be a mindful parent. The speaker will provide useful information on establishing a family frame, setting reasonable and attainable expectations and goals for your children, managing anxiety (both yours and your children's), and finding a supportive group of fellow parents in your community.

The Pressure to be Perfect and Its Unintended Consequences

Alicia Farrell, Ph.D.

March 20, 2019: 10:00 am, Wilton Library & 7:00 pm, Weston Library

We're raising our children in complicated times where performance is valued over character. In such a competitive world, parents, educators and leaders are unwittingly passing on to their children pressure to be perfect. In turn, our children are feeling inadequate, anxious, overwhelmed, stressed, scared and tired. This talk is designed to address how we arrived at this place and what we can do about it. Here are some questions that will be answered:

- What does it mean to be perfect and what are the consequences of trying?
- How do we balance embracing our children's imperfections with the importance of working hard and doing your best?
- What are the benefits of failure and why is it critically important to our children's development?
- What are healthy, age-appropriate expectations and how do we communicate them without shame and fear?
- How do boys and girls experience and respond to the pressure to achieve differently?
- What is the relationship between the pressure to be perfect and the nationwide increase of anxiety disorders, addiction, and suicide in children and adolescence?

It is time for change. Knowledge is key. Don't miss this opportunity to learn!

Special Presentation

The Physiology of Addiction: Effects of Drug-Taking Behavior on the Brain

Ruth Potee, MD

March 7, 2019: 7:00 pm, Wilton Library

Dr. Potee provides an overview of how substances and addictive behaviors impact the brain and how the brain is injured by prolonged exposure to these substances and behaviors. This presentation explores normal risk taking behaviors of the developing brain, as well as the impact of marijuana on the adolescent brain acutely and long term. Dr. Potee will also address the risk & impact of addiction on adolescents with ADHD.



