
After-School & Pre-School Programs

Registration: Online: 8/21 12:01 A.M.

www.westonct.gov/parksandrec

Walk in & Non-Residents 8/22 9:30 A.M. – 47 Norfield Road.

Program Locations:

Senior Center Multipurpose Room: Weston Senior Center is located in the South House Section of Hurlbutt Elementary School. The Multipurpose Room is the second room on the right.

Senior Center Exercise Room: Located at the end of the hallway on the left.
9 School Road. Weston, CT

Pre-School Programs

Little Kickers

This 30 minute karate class is suitable for ages 3-5. Children will learn the basics of karate, control and discipline through lots of fun games and activities. The lessons will be structured around mindfulness ending with yoga to center and ground them. The last class is a karate show for family and friends. *Kids should wear comfortable attire- No tights or dresses*

Program Dates: 9/13- 11/1 (Make up: 11/8)

Wednesday: 3:30-4:00 P.M.

Location: Fitness Room, Senior Center

8 Classes for \$145

Instructor: Kerin Whitmore

This program fills quickly- don't wait!

Hurlbutt Elementary School

Rise & Run

This morning club gives younger athletes an entry into the popular, fun and healthy sport of running. Children will learn proper stretching and warm up techniques. The sport of running will be taught through fun and exciting games that will naturally allow the children to run without them actually knowing it! This program will give children K-2 the opportunity to burn off some of their energy before the school day; getting their bodies and brains ready to learn and be more engaged in their classrooms.

Wednesday: 9/13-10/25

7:45 A.M. – 8:15

Location: Meet at Weston Senior Center- class on South House Lawn

Fee: \$80 for 7 Classes

Instructors: Pascal Butcher and Meghan Cebulski

K-2 Tennis by *Backyard Sports*

Program and curriculum based on USTA 10 and Under Quick-Start tennis play format. Age appropriate sized rackets and balls will be provided. Portable 18 foot nets will be used.

Tuesday: 9/12-11/14 (No class 10/31, 11/7)

3:15-4:15 P.M.

Location: Meet: East House Hall

Pick Up: Courtyard Parking Lot (Behind Library)

Fee: \$170- 8 Classes

Instructor: Doug Barshop

*** This class has a maximum attendance of 10- it will fill VERY quickly***

Register Early!

Don't take a chance that the class you want will be full or canceled

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Hurlbutt Sports and Fitness

This course reflects some of the schools PE programs as well as many unique activities. Players will find themselves challenged as individuals as well as part of teams. Each session incorporates warm-up time where they can freely select from numerous activities and then a structured event. Laughing is good and effort is the goal.

Time: 3:15- 4:15 P.M.

Location: North House Gym

Kindergarten: Monday: 9/18-11/13 (No Class
10/9)

Instructor: Cathy Klein

Fees: \$144- 8 Classes

Grade 1: Wednesday: 9/13-11/1

Grade 2: Thursday: 9/14-11/16 (No class
9/21, 11/2)

Fees: \$144- 8 Classes

Instructor: Wyatt Hallgren

Dancercise & Jump

A coed class for children in grades K-2- set in a lively musical environment. Your child will move through a series of exercise routines. Our goal is to foster health, friendship and fun!

Friday: 9/15-11/10 (No Classes 11/3)

3:15- 4:15 P.M.

Location: North House Gym

Fee: \$144- 8 Classes

Instructor: Cathy Klein

Weston Intermediate School

Rise & Run

This morning club gives athletes an entry into the popular, fun and healthy sport of running. Children will learn proper stretching and warm up techniques. The sport of running will be taught through fun and exciting games that will naturally allow the children to run without them actually knowing it! This program will give children grades 3-5 the opportunity to burn off some of their energy before the school day; getting their bodies and brains ready to learn and be more engaged in their classrooms. Bring: Water, comfortable shoes- the program is outdoors please dress accordingly.

Monday: 9/11-11/6 7:45 A.M. – 8:15

Location: Meet at WHS Track

Fee: \$90 for 8 Classes

After School Running Club

This after school Tri-fitness running club gives younger athletes an entry into the popular, fun and healthy sport of running. Children will learn proper stretching, running, pacing and cool down techniques as they run and have fun. Bring: Water, comfortable shoes- the program is outdoors please dress accordingly.

Questions contact Pascale at
info@trifitness.net or call 203-612-8815

Program Dates: 9/13-10/18

Wed: 3:30-4:30 P.M.

Meet in WIS Cafeteria

Fee: \$120- 6 Classes

Instructor: Pascale Butcher

WIS Sports and Fitness

This tried and true after school program combines fun and exercise. This class provides students an opportunity to run around and blow off some energy from the school day. All while playing classic & new PE games. This class is for all athletic levels and simply asks that its participants “try their best.”

Time: 3:20-4:20 P.M.

Monday: 9/11-11/6

Tuesday: 9/12-11/14 (No class 10/31,11/7)

Wednesday: 9/13-11/1

Thursday: 9/14-11/16 (No Class 9/21, 11/2)

Location: WIS Gym

Fee: \$144- 8 Classes

Instructors: Tom Ehret, Steve Santora and Dan Ungar

WIS Tennis by Backyard Sports

A tennis program for the student interested in seeing all the game has to offer. Participants will learn racquet skills, play games and learn tennis play formats. Tennis Racquets will be provided, however if children have their own, they are welcome to bring it. Participants will meet in the WIS cafeteria after school and pick up will take place at the tennis courts next to WIS.

****This class fills at 10 participants & only runs once a year- IT WILL FILL QUICKLY****

Program Dates: 9/15-11/10 (No classes 11/3)

Friday: 3:20-4:20 P.M.

Location: Meet: WIS Cafeteria

Pick Up: WHS Tennis Court #1 (Bad weather days will be in WIS Gym)

Fee: \$160- 8 Classes

Instructor: Doug Barshop