After-School Programs

Registration: Online: 8/21 12:01 A.M. www.westonct.gov/parksandrec

Program Locations:
Senior Center Multipurpose Room: Weston Senior Center is located in the South House Section of Hurlbutt Elementary School. The Multipurpose Room is the second room on the right.

Senior Center Exercise Room: Located at the end of the hallway on the left.
9 School Road. Weston, CT

Hurlbutt Elementary School

Rise & Run
This morning club gives younger athletes an entry into the popular, fun and healthy sport of running. Children will learn proper stretching and warm up techniques. The sport of running will be taught through fun and exciting games that will naturally allow the children to run without them actually knowing it! This program will give children K-2 the opportunity to burn off some of their energy before the school day; getting their bodies and brains ready to learn and be more engaged in their classrooms.
Wednesday: 9/13-10/25
7:45 A.M. – 8:15
Location: Meet at Weston Senior Center- class on South House Lawn
Fee: $80 for 7 Classes
Instructors: Pascal Butcher and Meghan Cebulski

K-2 Tennis by Backyard Sports
Program and curriculum based on USTA 10 and Under Quick-Start tennis play format. Age appropriate sized rackets and balls will be provided. Portable 18 foot nets will be used.
Tuesday: 9/12-11/14 (No class 10/31, 11/7)
3:15-4:15 P.M.
Location: Meet: East House Hall
Pick Up: Courtyard Parking Lot (Behind Library)
Fee: $170- 8 Classes
Instructor: Doug Barshop
*** This class has a maximum attendance of 10- it will fill VERY quickly***

Register Early!
Don’t take a chance that the class you want will be full or canceled
www.westonct.gov/parksandrec
**Hurlbutf Sports and Fitness**

This course reflects some of the school’s PE programs as well as many unique activities. Players will find themselves challenged as individuals as well as part of teams. Each session incorporates warm-up time where they can freely select from numerous activities and then a structured event. Laughing is good and effort is the goal.

**Time:** 3:15-4:15 P.M.  
**Location:** North House Gym  
**Kindergarten:** Monday: 9/18-11/13 (No Class 10/9)  
**Instructor:** Cathy Klein  
**Fees:** $144-8 Classes  
**Grade 1:** Wednesday: 9/13-11/1  
**Grade 2:** Thursday: 9/14-11/16 (No Class 9/21, 11/2)  
**Fees:** $144-8 Classes  
**Instructor:** Wyatt Hallgren

**Dancerise & Jump**

A coed class for children in grades K-2- set in a lively musical environment. Your child will move through a series of exercise routines. Our goal is to foster health, friendship and fun!

**Friday:** 9/15-11/10 (No Classes 11/3)  
3:15-4:15 P.M.  
**Location:** North House Gym  
**Fee:** $144-8 Classes  
**Instructor:** Cathy Klein

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**Weston Intermediate School**

**Rise & Run**

This morning club gives athletes an entry into the popular, fun and healthy sport of running. Children will learn proper stretching and warm up techniques. The sport of running will be taught through fun and exciting games that will naturally allow the children to run without them actually knowing it! This program will give children grades 3-5 the opportunity to burn off some of their energy before the school day; getting their bodies and brains ready to learn and be more engaged in their classrooms. Bring: Water, comfortable shoes- the program is outdoors please dress accordingly.

**Monday:** 9/11-11/6 7:45 A.M.-8:15  
**Location:** Meet at WHS Track  
**Fee:** $90 for 8 Classes  

**After School Running Club**

This after school Tri-fit fitness running club gives younger athletes an entry into the popular, fun and healthy sport of running. Children will learn proper stretching, running, pacing and cool down techniques as they run and have fun. Bring: Water, comfortable shoes- the program is outdoors please dress accordingly.

**Questions contact Pascale at info@trifitness.net or call 203-612-8815**

**Program Dates:** 9/13-10/18  
**Wed:** 3:30-4:30 P.M.  
**Meet in WIS Cafeteria**  
**Fee:** $120-6 Classes  
**Instructor:** Pascale Butcher
**WIS Sports and Fitness**

This tried and true after school program combines fun and exercise. This class provides students an opportunity to run around and blow off some energy from the school day. All while playing classic & new PE games. This class is for all athletic levels and simply asks that its participants “try their best.”

Time: 3:20-4:20 P.M.

Monday: 9/11-11/6
Tuesday: 9/12-11/14 (No class 10/31,11/7)
Wednesday: 9/13-11/1
Thursday: 9/14-11/16 (No Class 9/21, 11/2)

Location: WIS Gym

Fee: $144- 8 Classes
Instructors: Tom Ehret, Steve Santora and Dan Ungar

**WIS Tennis by Backyard Sports**

A tennis program for the student interested in seeing all the game has to offer. Participants will learn racquet skills, play games and learn tennis play formats. Tennis Racquets will be provided, however if children have their own, they are welcome to bring it. Participants will meet in the WIS cafeteria after school and pick up will take place at the tennis courts next to WIS.

**This class fills at 10 participants & only runs once a year- IT WILL FILL QUICKLY**

Program Dates: 9/15-11/10 (No classes 11/3)
Friday: 3:20-4:20 P.M.

Location: Meet: WIS Cafeteria
Pick Up: WHS Tennis Court #1 (Bad weather days will be in WIS Gym)

Fee: $160- 8 Classes
Instructor: Doug Barshop