

CAMPER APPLICATION

A TYPICAL CAMP DAY



Volleyball & Basketball Summer Camp 2018

June 26 - June 29
 9:00 AM - 3:00 PM
 For girls entering grades 4 - 8

“Where girls become athletes”

8:50am.	DROP OFF
<u>VOLLEYBALL SESSION BEGINS</u>	
9:00am.	WARM UP AND STRETCHING
9:15am. . .	PASSING AND SETTING INSTRUCTION
9:45am.	PASSING AND SETTING GAMES
10:15am.	VOLLEYBALL SKILLS OF THE DAY
10:45am.	SKILL BASED GAMES
11:00am.	TEAM SCRIMMAGES
11:30am. .	VOLLEYBALL SESSION ENDS (Pick Up)
LUNCH AND TEAM BUILDING ACTIVITIES	
<u>BASKETBALL SESSION BEGINS</u>	
12:30pm.	BALL HANDLING WARM UP
1:00 pm.	SHOOTING FORM AND GAMES
1:15pm.	SKILLS STATIONS
2:00pm.	SKILL OF THE DAY
2:15pm.	INTRA-CAMP COMPETITIONS
2:30pm.	TEAM GAMES
3:00pm.	PICK-UP



Name _____

Player's Grade (Entering) _____ DOB _____

Address _____

Town _____ Zip _____

Parent/Guardian Name _____

Contact Phone Number _____

Parent/Guardian Name _____

Contact Phone Number _____

Primary E-Mail _____

Jersey Size (Circle one) YS YM YL WXS WS WM WL

Camp Choice (Circle One)

VOLLEYBALL ONLY

BASKETBALL ONLY

VOLLEYBALL & BASKETBALL

Checks payable to: **Bump, Set, Swish:**

REGISTER BY MAY 1: \$150 for one session; \$250 for both

REGISTER AFTER MAY 1: \$200 for one session; \$300 for both

Waiver of participant by parent for Bump, Set, Swish:

In consideration of your accepting my or my child's registration, I hereby for myself or my child waive and release any and all rights and claims for damages I or my child may have against the Weston Board of Education or the Weston Parks & Recreation Department and its representatives, successors and assigns, for any and all injuries suffered by myself or my child at the activity sponsored by this group. I understand that there is inherent risk associated with this activity and authorize emergency medical treatment and transportation in my absence.

Parent Signature _____ Date _____



BUMP, SET, SWISH VOLLEYBALL & BASKETBALL CAMP

ABOUT THE COACHES

Mackenzie "Moose" Robens joined the Weston Volleyball coaching staff in the Fall of 2012 as the Junior Varsity Coach and Varsity Assistant. After two years she took over as Head

Coach. For the past five years she led her team to three Patriot Division titles, four trips to the State tournament, two Southwest Conference championship matches, and three SWC Sportsmanship Awards. She has worked at Weston High School as a technology teacher for the past nine years.



Nora Curley played basketball at St. Lawrence University and has been coaching basketball at the high school level for the last four years. This season she took over as the head Varsity Coach at Oxford High School and led the team to its first state tournament appearance in four years. She has been teaching Special Education at Oxford High School for the past three years.



ABOUT THE CAMP

- The mission of Bump, Set, Swish is to promote skill development, team concept, and a love of volleyball and basketball
- Teams and stations will be facilitated by coaches and Weston volleyball/basketball players of past and present
- Players will be grouped with campers of similar age and ability
- Low player to coach ratio



What to Expect

- Learning and FUN!
- A great workout
- A Bump, Set, Swish jersey and other accessory
- Fun prizes!
- Awards at the end of camp

What to Bring

- Water bottle
- Athletic sneakers
- Shorts and T-Shirt
- A reversible jersey (basketball session)
- Lunch (if participating in both sessions)



REGISTRATION & FACILITIES

Registration

Please send one application per child with a check payable to "Bump, Set, Swish" for either one session (\$150 Early Bird OR \$200 after May 1) or both (\$250 Early Bird OR \$300 after May 1) to:

Weston High School
Attn: Mackenzie Robens
115 School Road
Weston, CT 06883

**Please be sure to circle your session option on the application form.

**Registration will also be available starting at 8:30 AM and again at 12 PM on the first day of camp (6/25).

Details

Camp will be held at Weston High School, 115 School Road in Weston. Full Camp runs from 9:00 AM to 3:00 PM each day.

Volleyball ONLY Session will run from 9:00 AM to 11:30 AM

Basketball ONLY Session will run from 12:30 PM to 3:00 PM

**Please be prompt in dropping off and picking up your athlete.

For questions please contact:

mackenzierobens@westonps.org

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