

Commission on Aging

Minutes

October 4, 2010

Commission members present: Helen R. de Keijzer, Terry Hulley, Susan Moore, Peggy Anderson, Sandy O'Brien. Also present: Senior Center Director Jen Ruddy, Program Coordinator Nancy McCormick, and Weston Social Worker Charlene Chiang-Hillman.

Chair Helen R. de Keijzer called the meeting to order at 9:20 AM.

Helen called for a motion on the minutes of the previous meeting, 9/13/10. Sandy made a motion to accept the minutes as written, Peggy seconded it, and the motion was approved unanimously.

SWCAA: No Report. No SWCAA meeting in September.

Senior Center Report: Jen noted that the latest Newsletter, delayed at the post office, has been received. Its delay did not appear to affect attendance at the opening Senior Luncheon. Discussion re: attendance at activities; transportation issues; and "friendly visitor" type program to encourage isolated seniors to participate in Senior Center activities. Cablevision has been installed at the Center. New program: Men's Fitness with a trainer. Discussion: how to handle emergency events at Center.

Budget Process: Helen reminded all that the budget process will begin soon. The Senior Center is part of the Selectman's budget.

Social Services Update: Charlene noted an increase in the number of "calls" from non-local grown children of aging adults in town. Reminder that it is Medicare open enrollment time. Holidays are approaching resulting in increase in calls to the department for assistance.

Dial-A-Ride: Gordon stopped by to present "stats" for August. Discussed use of back-up driver.

Cemetery Committee Update: Helen mentioned that any proposal will go to a public hearing. No survey results reported as yet.

Senior Directory: Helen is tracking supply of Directories for possible reprinting. Discussion where to put copies. Proposed to get out to churches.

Long Range Plan: Helen noted that Susan is to be appointed as Commission liaison to the Iva Moore Cottage Administration Committee. First Selectwoman Gayle Weinstein will attend the November 1<sup>st</sup> meeting. Meeting upcoming between Gayle, Helen, school administrators, and Senior Center staff to discuss increased usage of school buildings for senior programs and possible intergenerational activities/programs.

**OLD BUSINESS:**

Domestic Violence Task Force: The teen group remains interested in creating a presentation to seniors.

**NEW BUSINESS:**

1. Sustainability Committee: to think of how to promote cost savings/conservation for seniors.
2. Book Group meeting Oct 28<sup>th</sup>. Contact Terry

Next meeting Monday November 1<sup>st</sup>.

A motion to adjourn meeting was made by Peggy at 11:00 AM; seconded by Terry: approved.

Respectfully Submitted,

Susan A. Moore

CC: Sharon Shattuck