

COMMISSION ON AGING MINUTES

March 7, 2016

Present: Commission members Helen de Keijzer, Peggy Anderson, Bruce Lorentzen, Don Gumaer, Harvey Bellin, Joy Peshkin; and Margarita Shapiro (by phone); Senior Center Director Wendy Petty and Program Coordinator Pamela Wilson; Dial-a-Ride Driver Gordon Greene, SWCAA liaison Meta Schoeter; WWHD's Monica Wheeler, and guest Carolyn Arnold.

A five-minute meditation led by Suzanne Sheridan preceded the meeting.

Helen called the meeting to order at 9:35 a.m.

Minutes: February minutes were approved by consensus.

Senior Tax Relief Program Review: It was noted that comprehensive details of the three existing programs are in the current senior center newsletter. A new committee to evaluate the programs will be discussed at the April meeting.

SWCAA: Meta reported that most senior centers are offering free tax preparation support. The center in Stratford is bringing some outreach programs to seniors in their homes. Finding part-time drivers remains an issue. Stamford's center will be celebrating its 20th anniversary in April. Speed dating for seniors is being offered at some centers.

Dial-a-Ride: Gordon reported that February was another somewhat slow winter month. Negotiations for the new excursion bus are almost completed and contracts are expected soon.

Weston Senior Activities Center: Wendy discussed the need to finalize the Center's website domain name; a separate meeting will decide this issue in the coming week. Lunches at the center, with entrees provided by Peters Market, are proving successful with at least 30 people enthusiastically participating. It was noted that delivery of the March-April newsletter was much delayed, which hasn't been a problem for a long time. Wendy will investigate with the post office. The Family Y is interested in reaching out to Weston and the possibility of having a tour of the new facility and of exploring outreach programming was raised. The center will offer a dinner and talk for those new to Medicare on April 26. The 2016 Classic Car Show is set for September 25.

Westport Weston Health District: Monica noted that Weston's representatives are Catherine Revzon and Ian Lewis. She also reported that there will be a free skin cancer screening offered at the Health District office on May 1.

Helen summarized a meeting she had with the Executive Director Barb Achenbaum of Staying Put in New Canaan, a service that offers residents some additional services for residents who are 'aging-in-place'.

The meeting was adjourned at 10:50 a.m.

Respectfully submitted,
Don Gumaer