

**ARE YOU INTERESTED IN TAKING  
SPRINGBOARD DIVING THIS FALL?**

That's right, by popular demand, Edward Hefferon, Certified US Diving Coach and the Rec Dept. will be offering diving this spring and summer.

**What:** Full Out Diving is a competitive team that has existed since October of 1998..

**Where:** Practices are held at  
Weston Middle School Pool  
School Road, Weston, Ct.

**Fall Schedule:**

**Monday, 7:30 pm-9:30 pm**  
**Wednesday, 7:30 pm-9:30 pm**  
**Friday, 7:30 pm-9:30 pm**  
**Sunday, 11:30 am-1:00 pm**

**How do I sign-up?** Call Coach Edward Hefferon at 203-377-7061 or cell 203-218-4089 or call the Rec Dept. office and sign up there. Edward Hefferon (head coach) has been a coach for Springfield Area Diving. His credits include coaching boys and girls in grades 6-college level. Past competitor for Division I College Team at University of Massachusetts. Holder of various University records. Top ranked diver in the Atlantic Ten Conference for 4 consecutive years. NCAA Qualifier for 3 consecutive years.

**E-mail:** [ejheffer@optonline.net](mailto:ejheffer@optonline.net)

**Cost:** prices are based on a month to month sign-up.

Once a week: \$100.00 per month

Twice a week: \$150.00 per month

Three days/week: \$220.00 per month

Four days/week: \$270.00 per month

Please pay for the month in advance.

**FULL OUT DIVING  
REGISTRATION FORM  
2007**

**ONE CHILD PER FORM  
SEPARATE CHECK FOR EACH MONTH  
NO REFUNDS**

**Child's  
Name** \_\_\_\_\_  
\_\_\_\_\_

**Phone #** \_\_\_\_\_ **Age** \_\_\_\_\_

**Address**  
\_\_\_\_\_  
\_\_\_\_\_

**Gr** \_\_\_\_\_ **School** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**Doctor's Name and Phone #:**  
\_\_\_\_\_  
\_\_\_\_\_

**Local Emergency Name & #:**  
\_\_\_\_\_  
\_\_\_\_\_

**Any physical or other problems we  
should be aware of?**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I/We agree to hold harmless the Town of  
Weston, it's employees or agents for any  
and all accidents, injury, loss or damage  
suffered while participating on this diving  
team.**

**Parent's Signature**  
\_\_\_\_\_

**Date** \_\_\_\_\_

**Make all checks payable in advance to  
Town of Weston.**