

Weston Parks & Recreation Department

P.O. Box 1184, WESTON, CT 06883 Tel. 203-222-2655

Go to [www.westonct.gov](http://www.westonct.gov) click on Parks & Recreation and follow registration procedures

**LOCATION: 47 NORFIELD RD. (CORNER OF ROUTE 57 & NORFIELD RD.)**

## **DANCERCISE AND MORE**

### **COED - GRADES 1 & 2**

### **NEW CLASS!!**

This class combines exercise routines along with dance steps in a lively musical environment. You will move to Country Line dancing, Hip Hop, Latin and Oldies. Other events will include an introduction to jump roping. Here you will work as singles, pairs and teams. Let's see how you double-dutch. Two left feet are so welcome! Our goal is to foster health, friendship and good old fun! Maximum: 25 and minimum 10.

**DAY/DATES:** Tuesday, November 26, December 3, 10, 17, January 7, 14, 28 & February 4

**TIME:** 3:15 p.m. – 4:15 p.m.

**LOCATION:** North House Gym. Sneakers recommended. Please pick up promptly outside of the North House Gym.

**FEE:** \$136.00 for eight weeks.

**INSTRUCTOR(S):** Cathy Klein

**REGISTRATION:** Online Registration: Begins on Monday, November 4<sup>th</sup> at 12:01 a.m. at [www.westonct.gov](http://www.westonct.gov). Payment made by credit card online only or if you are paying in the office it is by cash or check to "Town of Weston". You may not pay by credit card in the Recreation office. Please do not send your check through school.

Walk in Registration: Begins on Tuesday, November 5<sup>th</sup> at 9:30 a.m. in the Recreation office at 47 Norfield Road if space is available.

Early registration is encouraged and recommended. This program will fill up quickly. Prior to registration online make sure you have your Web Trac user I.D. and password setup. If you already have an account make sure your information has been updated (i.e. address, current grade, age, health, etc.)