

Weston Parks & Recreation Department

P.O. Box 1184, WESTON, CT 06883 Tel. 203-222-2655

[www.westonct.gov](http://www.westonct.gov) - Parks & Recreation

LOCATION: 47 NORFIELD RD. (CORNER OF ROUTE 57 & NORFIELD RD.)

## **NEW CLASS!**

# **DANCERCISE & MORE**

## **GRADES 3 – 4 COED**

This class combines exercise routines along with dance steps in a lively musical environment. You will move to country Line dancing, Hip Hop, Latin and Oldies. Other events will include an introduction to jump roping. Here you will work as singles, pairs and teams. Let's see how you double-dutch! Two left feet are so welcome! Our goal is to foster health, friendship and good old fun!

**ELIGIBILITY:** All girls and boys presently in Grades 3 – 4

**DAY/DATES:** Wednesday, December 4, 18, January 8, 15, 22, 29, February 5 & 12

**TIME:** 3:15 p.m. – 4:15 p.m.

**LOCATION:** WIS cafeteria. Sneakers strongly recommended.

**FEE:** \$136.00 for eight classes

**INSTRUCTOR(S):** Cathy Klein

**REGISTRATION:** Online Registration: Begins on Monday, November 4<sup>th</sup> at 12:01 a.m. at [www.westonct.gov](http://www.westonct.gov). Payment by credit card only.

Walk in Registration: Begins on Tuesday, November 5<sup>th</sup> at 10:00 a.m. in the Recreation office at 47 Norfield Rd. if space is available. Payment by cash (exact change) or check only, if registering in the office.

Early registration is encouraged and recommended. This program will fill up quickly.

Prior to registration online make sure you have your Web Trac user I.D. and password setup under "Create and Account" on the Parks & Recreation website.

If you already have an account make sure your information has been updated (i.e. address, grade, age, etc.).