Weston Parks & Recreation Department
P.O. Box 1184 Tel. 222-2655
www.westonct.gov
LOCATION: 47 NORFIELD RD. (CORNER OF ROUTE 57 & NORFIELD RD.)

8-Week Volleyball Development Program

The 8-week volleyball development program focuses on team building, basic volleyball skills learning and physical conditioning training. It aims to introduce volleyball to youth and bring the fun of this sport to a broader audience. Please contact Sheena at 203-252-7266 for any questions.

Eligibility: **All boys and girls presently in grade 1 and grade 2**

Day/Dates: **Tuesdays, Dec. 14, 21, Jan 4, 11, 25, Feb 1, 8, 15**

Time/Location: **3:30p.m. – 4:30p.m in South House Gym**

Fee: **$150.00 for one 8-week session. Check only to "Town of Weston"**

Instructors: **Sheena Shen, Former NAIA National Championship Player**
Hongying Ding, Olympian and Former Chinese National Team Player

Registration: **Begins on Wednesday, November 24 at the Weston Parks and Recreation Dept.**

Volleyball Development Program – Winter 2011

Name_____**Teacher/Grade**_____**M/F**_____

Address_____**HomePhone**_____

Doctor Name & Phone_____

Local Emg. Name Phone_____

I/We agree to hold harmless the town of Weston, its employees or agents for any and all accidents, injury, loss or damage suffered while participating in this Volleyball Development Program.

Parent's signature_____ **Date**_____