Infant/Toddler & Preschool Programs

Registration: Online: 11/14 12:01 A.M. www.westonct.gov
Walk in & Non-Residents 11/15 9:30 A.M.

Program Locations

Senior Center Multipurpose Room: Weston Senior Center is located in the South House Section of Hurlbutt Elementary School. The Multipurpose Room is the second room on the right.

Senior Center Exercise Room: Located at the end of the hallway on the left.
9 School Road. Weston, CT

Emmanuel Church:
Parks & Recreation classes enter at the Rear of the building through the double doors. Room 1 is on the left and Room 2 is on the right. They will be clearly marked.
285 Lyons Plain Road
*Babysitting during programs *can* be provided. Please contact Joe Parciasepe at jparciasepe@westonct.gov for more information*

Little Kickers

This 30 minute karate class is suitable for ages 3-5. Children will learn the basics of karate, control and discipline through lots of fun games and activities. The lessons will be structured around mindfulness ending with yoga to center and ground them. The last class is a karate show for family and friends.

Program Dates: Winter I: 12/7-2/1 (Snow: 2/8)
Wednesday: I: 3:30-4:00 P.M.
II: 4:10-4:40 P.M.
Location: Fitness Room, Senior Center
8 Classes for $140
Instructor: Kerin Whitmore

NEW DAY!
NEW TIMES!

Refund Policy: There will be no prorating or refunds after the program has begun.

In case of inclement weather all after school programs will be canceled. Please refer to www.westonps.org for up to date information on cancelations and early dismissals.

Baby and Me Yoga

"Pre- Crawlers, 6 Weeks- Crawling"

Stretch, bond and breathe with your baby in this unique yoga class designed for caregivers and their pre-crawling babies. Babies are natural yogis! Each class explores gentle yoga and massage techniques for babies which can help aid in digestion, gas and colic relief, improved sleep patterns and in the development of fine and gross motor skills. Partner poses and playful songs are also incorporated to create a casual, comfortable environment that is unlike any other yoga class! Dress comfortably, and bring a receiving blanket for your little one. No experience necessary!

Program Dates 12/6- 2/7 (no classes 1/17)
Snow Date: 2/14
Tues: 10:45-11:30 A.M.
Emmanuel Room 2
Fee: $185- 8 Classes
Instructor: Kerri Gawreluk

"Crawlers & Woddlers"

Yoga for crawling/waddling babies combines stretching, creative movement and relaxation techniques in a fun, interactive setting. Learn how to help your baby feel happier and more confident in their growing bodies as well as to strengthen the bond between you and your active little one! Songs and age-appropriate props are incorporated to create a safe, playful environment that your baby is encouraged to explore. No experience necessary, babies just starting to crawl to babies that are waddling/cruising unsupported (but not yet running at full speed) are welcome!

Program Dates 12/6- 2/7 (no classes 1/17)
Snow Date: 2/14
Tues: 11:45 A.M.-12:30 P.M.
Emmanuel Room 2
Fee: $185- 8 Classes
Instructor: Kerri Gawreluk

Register Early!
Don't take a chance that the class you want will be full or canceled
www.westonct.gov

Step Into Music & Movement

Music: A series of music classes for young children ages 3 to 5. The class will engage children in a variety of activities as they learn new songs and rhymes. Children will learn to sing, chant, perform finger plays, vocal and pitch exploration and begin to learn to sing independently.
Movement: A fun filled class to music where children will express themselves while learning different cultural dances. From Pop to Hip Hop from Salsa to Reggae, your child will get a worldly experience. Through Music & Dance, this class will inspire pre-school aged child to groove their way into Self Confidence and coordination.

Program Dates: Tuesday 12/6- 2/7 (no classes 1/17) Snow Date: 2/14
Fee: $180- 8 Classes
Instructors: Rosemary Boone & Ginny Campbell