

Town Of Weston

Weston Parks & Recreation Department, 47 Norfield Road, Weston, CT

Recreation News Column

March 17, 2017

For Further Information Please Visit Our Website www.westonct.gov

Prior to registration online make sure you have updated your household account for 2016-2017 school years. Review your family's household account with your child's current age, grade, address, phone number, etc. You will not be able to complete the online registration for any program if you do not do this.

See the website www.westonct.gov for more information.

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*****PREFERRED SUMMER CAMP REGISTRATION*****

REGISTRATION HAS BEGUN FOR SUMMER CAMPS ON www.westonct.gov AND IN THE RECREATION OFFICE. CAMPS WILL BE AT A LOWER PRICE UNTIL APRIL 28TH. Prices will increase April 29th.

We offer camps for Pre School- 8th grade. All of our camps feature time at the pool, sports, games, arts and crafts, tennis lessons, field trips, "Fun Friday" theme days and pizza!

Flyers: [Jr. Eagles](#) [Soaring Eagles](#) [Sports Camp: Stars](#) [Sports Camp: Travel](#) [Future Stars: Speed & Strength- Early/Late Pick Up](#)

*****SPRING PROGRAM REGISTRATION*****

Spring registration has begun at www.westonct.gov and in the Recreation office at 47 Norfield Road. Call to see if space is available. You will also find on our website video tutorials to help with the registration. Program questions should be directed to Program Director, Joe at 203-222-2675.

*****SPRING SPORTS & FITNESS – GRS. K*****

Sports & Fitness for kindergarten with instructor Cathy Klein will begin on Monday, May 1st – June 5th. Registration has begun at www.westonct.gov or in the Recreation office, if space is available. Limited space, don't get closed out! Time: 3:15 p.m. – 4:15 p.m. Location: North House gym. Fee: \$100.00 for 5 classes.

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*****SPRING SPORTS & FITNESS – GRS. 1 & 2*****

Instructor, Wyatt Hallgren will be offering Sports & Fitness for children in grades 1 & 2. Registration has begun at www.westonct.gov or in the Recreation office, if space is available. Class held on Wednesday for grade 1 and Thursday for grade 2. Fee: \$144.00 for either class. Limited space, register early!

*****SPRING SPORTS & FITNESS – GRS. 3 – 5*****

Instructors Steve Santora and Tom Ehret will be offering Sports & Fitness for grades 3 – 5. This after school program combines fun and exercise for all athletic levels! Days/dates: Monday, May 1st – June 5th, Tuesday, April 18th – June 6th, Wednesday, April 5th – May 31st and Thursday, April 20th – June 9th. Fee: \$144.00 for either day. Time: 3:20 p.m. – 4:20 p.m. Registration has begun on www.westonct.gov or in the Recreation office if space is available.

*****SPRING SATURDAY SWIM LESSONS*****

Saturday swim lessons will begin on March 25th – June 10th. Lessons are for ages 1 ½ and up and for various swim levels. Registration has begun on www.westonct.gov for Weston residents. Please view our swim flyer on the website. Registration has begun.

*****SPRING WEEKDAY SWIM LESSONS*****

Weekday swim lessons will be offered for children in Preschool, Hurlbutt and WIS. Classes are held on Monday, Tuesday or Wednesday. Times: 2:15 p.m. – 2:45 p.m. Preschool, 3:45 p.m. – 4:30 p.m. Level 5 on Tuesday only, 3:45 p.m. – 4:15 p.m. Levels 1 -3 Monday, Tuesday or Wednesday and 3:45 p.m. – 4:25 p.m. Level 4 on Monday or Wednesday only. Registration has begun. Please view our swim flyer on the website.

*****WESTON MIDDLE SCHOOL POOL PERMITS*****

The Weston Middle School pool is open for public and lap swimming. Please view the flyer on www.westonct.gov for detailed information. A pool permit is required or you may come and pay a drop in fee of \$5.00 per person each visit.

*****TRIFITNESS SWIM TRAINING FOR TRIATHLETES*****

Coach Pascale Butcher is offering swim training classes on Saturdays. Time: 12:30 p.m. – 1:45 p.m. For more information or to register contact Pascale at pascalebutcher@trifitness.net.

*****SPRINGBOARD DIVING –AGES 8 AND UP*****

Learn how to dive or work on your dives with Coach Patty Nizlek. Days/dates: Sunday, March 26th – May 21st. Time: 11:45 a.m. – 1:00 p.m. or Wednesday, April 5th – May 24th. Time: 3:45 p.m. – 4:45 p.m. Fee: \$210.00 for either class. Limited spaces! Registration has begun.

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*****WSI COURSE*****

This course is for certification to teach progression level swimming classes and other water safety courses through the American Red Cross Learn to Swim program. Registration has begun. Dates: March 24th – April 2nd. Days: Friday – Sunday. Fee: \$350.00.

*****SCUBA COURSE*****

Join instructor, Capt. Saam Greenman on this scuba certification program. Upon successful completion of this course and the open water qualification dives the student will receive their Scuba certification card. For more information or to register, go to www.Capt-Saam.com.

*****BACKYARD SPORTS PLUS*****

*****SPECIAL NEEDS TENNIS – GRS. K – 8*****

Backyard Sports Plus tennis program is for children with Special Needs in grades K – 8. This program provides a safe and appropriately competitive environment for children to learn and enjoy sports. Registration has begun on www.westonct.gov. Dates: Sunday, Feb. 26th – April 2nd. Fee: \$150.00 for six classes.

*****GOOD CITIZEN DOG OBEDIENCE – SPRING*****

Join instructor, Janet Metzger for this 7 week dog training course. Classes held at the Hurlbutt Elementary School North House. Days/dates: Saturday, May 6th – June 24th. Time: 9:00 a.m. Beyond Beginners, 10:00 a.m. Beginners or 11:00 a.m. Puppy Kindergarten. There is also a Monday class from May 8th – June 26th. Time: 6:00 p.m. Puppy kindergarten or Beginners or 7:00 p.m. Beyond Beginners. Fee: \$195.00 for Puppy Kindergarten and Beginners or \$185.00 for Beyond Beginners. If you have any questions or to register, contact Janet at 203-938-2951 or mandjmetzger@optonline.net.

*****TENNIS BY BACKYARD SPORTS – GRS. K – 2 – SPRING*****

Join instructor, Doug Barshop who will instruct this popular tennis program. Day/Dates: Tuesday, April 18th – June 6th. Fee: \$170.00 for eight classes. Time: 3:15 p.m. – 4:15 p.m. Registration has begun on www.westonct.gov or in the Recreation office, if space is available. Limited space, this program will fill up quickly! Fee: \$170.00 for 8 classes.

*****ULTIMATE FRISBEE – CO-ED GRS. 6 – 8- SPRING*****

Ultimate Frisbee is an incredibly fun and active sport encouraging exceptional sportsmanship and overall fitness!! Join Wilton PE teacher Mike Roberto in this seven week course. Day/dates: Tuesday, April 18th – May 30th. Fee: \$150.00. Registration has begun at www.westonct.gov or in the Recreation office, if space is available. Time: 4:10 p.m. – 5:10 p.m.



*****RUNNING CLUB – GRS. 3 – 5*****

This after_school Trifitness running club gives younger athletes an entry into the popular, fun and healthy sport of running. Children will learn proper stretching, running and pacing while having fun! Day/Dates: Wed., April 19th – June 7th. Time: 3:20 p.m. – 4:20 p.m. Fee: \$160.00. Registration has begun at www.westonct.gov or in the Recreation office, if space is available.

*****CARDIO CHISEL – SPRING*****

Instructor Cyrece Lehrman will give you a total body boost and leave no muscle untouched! Alternating between blasts of cardio and toning exercises you will feel the burn long after the hour is up. Time: 8:00 a.m. – 9:00 a.m. Days/dates: Tuesday, April 18th – May 30th, Thursday, April 20th – June 1st or Tuesday & Thursday class, April 18th – June 1st. Fee: \$175.00 for 7 classes on Tuesday or Thursday, \$300.00 for 14 classes for Tuesday and Thursday class. Registration has begun at www.westonct.gov or in the Recreation office, if space is available.

*****HIT IT CARDIO KICKBOXING – SPRING*****

Join instructor, Cyrece Lehrman with this kick boxing class, HIT IT! This cardio based class combines upper and lower body exercises that will leave you feeling fit and strong. Day/dates: Wednesday, April 19th – May 31st. Held at the Senior Center All Purpose Room. Fee: \$175.00 for 7 classes. Time: 7:00 p.m. – 8:00 p.m. Registration has begun at www.westonct.gov or in the Recreation office if space is available. Limited space, don't get closed out!

*****NEW – FIT PACK SPRING BUNDLE*****

21 days of body blasting, fitness fury! Get 3 classes FREE!! Sign up for HIT IT and Cardio Chisel (Tuesday, Wednesday and Thursday). Fee: \$450.00. Registration has begun.

*****TRIFITNESS – KIDS CAMP SPRING BREAK*****

The Trifitness Triathlon and Duathlon Camp is designed to introduce kids ages 7 – 14 to the sport of triathlon and duathlon. Instruction will be on basic swimming, cycling and running techniques, bicycle safety and maintenance, transition and nutrition. Lots of games will be offered in this fun camp! Dates: April 10th – 14th. This will be held at the Weston Middle School. For more information or to register, go to www.trifitness.net.

