

Town Of Weston

Weston Parks & Recreation Department, 47 Norfield Road, Weston, CT

Recreation News Column

Jan. 11, 2019

For Further Information Please Visit Our Website

www.westonct.gov/parksandrec

Prior to registration online make sure you have updated your household account for 2019 school year. Review your family's household account with your child's current age, grade, address, phone number, etc. You will not be able to complete the online registration for any program if you do not do this.

See the website www.westonct.gov/parksandrec for more information.

*****WINTER REGISTRATION – SESSION 2*****

Winter program registration will begin on Monday, Jan. 14th online at www.westonct.gov/parksandrec and on Tuesday, Jan. 15th in the Recreation office at 9:30 a.m. if space is available. You will also find on our website video tutorials to help with your registration. Program questions should be directed to Program Director, Joe at 203-222-2675. Registration has begun online and in the Recreation Department.

*****WESTON MIDDLE SCHOOL POOL*****

The Weston Middle School is open for adult/public swim. Weston residents and non-residents may purchase a permit. Fees: Weston residents: Family- \$150.00, Adult- \$100.00, drop in fee - \$5.00. Seniors ages 62 and up are free with a permit. Non-residents: Family- \$230.00, Adult- \$150.00. Times: Monday, Wednesday & Friday: 6:15 a.m. – 7:15 a.m. Thursday: 8:00 p.m. - 9:00 p.m. and Saturday and Sunday: 2:00 p.m. – 5:00 p.m. Registration has begun online and in the Recreation office. Check payable to "Town of Weston" in the Recreation office.

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*****TRIFITNESS*****

Reach your best swimming levels for fitness or competitions and swim with us! Time: 12:30 p.m. - 1:30 p.m. To register or questions contact instructor Pascale Butcher at www.trifitness.net.

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*****SATURDAY AND SUNDAY SWIM LESSONS - WINTER*****

Saturday and Sunday swim lessons offered through the American Red Cross has begun. Dates: Saturday, Jan. 5th - March 9th and Sunday, Jan. 6th – March 10th. Parent/toddler classes for ages 1 – 3 years, Special Needs and Levels 1 – 3 and Level 5 will be offered. Please view flyer on website for times and fees.

*****LITTLE KICKERS – AGES 3 – 5 - WINTER*****

Children will learn the basics of karate, control and discipline through games and activities. Dates: Thursday, Feb. 21st – April 25th. Fee: \$150.00 for 8 classes. Limited space, program will fill quickly.

*****SPORTS & FITNESS – GRS. K – 2*****

This course reflects some of the schools PE programs as well as many unique activities. Children will be challenged as individuals as well as part of teams. Great way to end the school day! Gr. K will be instructed by Cathy Klein. Day/dates: Monday, Feb. 25th – April 29th.

Gr.1 & 2 will be instructed by Wyatt Hallgren. Day/dates: Wednesday, Feb. 13th – April 3rd and/or Thursday, Feb. 7th – April 11th. Fee: \$144.00 for each program.

*****POWERFUL PLAY- GRS. 1 & 2*****

Children rediscover the lost art of “Free Play” in this fun program. Participants will learn problem solving skills, self- regulation and leadership while having fun! Day/dates: Friday, Feb. 1st – March 29th. Fee: \$126.00 for 7 classes.

*****MY BIG BACKYARD – AGES 3 - 5*****

Come discover Connecticut nature! Learn about local birds, trees and animals. Children will track their findings. Day/dates: Tuesday, Feb. 19th – April 9th. Fee: \$150.00 for 8 classes.

*****LITTLE ARTISTS – AGES 3 – 5*****

Join us in exploration of mixed mediums of paint, markers and more! Children will learn about art and artists while having fun! Day/dates: Wednesday, Feb. 20th – April 10th. Fee: \$150.00 for 8 classes.

*****WIS SPORTS & FITNESS*****

This class provides fun and exercise while playing classic and new PE games. Days: Monday, Tuesday, Wednesday and Thursday. Dates: Monday, Feb. 25th – April 29th, Tuesday, Jan. 29th – March 19th, Wednesday, Feb. 13th – April 3rd or Thursday, Feb. 7th – April 11th. You may sign up for one or more days! Fee: \$144.00 per day.

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*****WIS-FIT GRS. 3-5*****

A speed & agility training program specifically designed for each athlete with a common goal to enhance foot speed, gain power and become more flexible. Day/dates: Wednesday, Feb. 20th – March 27th. Fee: \$120.00 for 6 classes. Limited space!

*****YOUTH WRESTLING – GRS. 2 – 8*****

Head Weston Wrestling Coach Mario Federici will offer this popular after school wrestling program. Day/dates: Friday, March 1st - 22nd. Time: 3:30 p.m. – 4:30 p.m.

*****SATURDAY YOUTH BASKETBALL – BOYS & GIRLS GRS. K - 5*****

Saturday youth basketball programs will be offered for boys and girls in grades K – 5. A tutorial and game based program will introduce the sport of basketball. Day/dates: Saturday, Dec. 1st – Feb. 23rd. Please view brochure online for times.

*****NEW*** WMS INTERMURAL SPORTS – GRS. 6 – 8*****

*****INDOOR SOCCER*****

Indoor soccer pickup games are a great addition to any team you're already on or the perfect opportunity to get exercise and have fun! Dates: Monday, Feb. 25th – April 8th. Fee: \$108.00 for 6 classes.

*****FLOOR HOCKEY*****

This program will feature fun, safe hockey in addition to getting exercise as an after school activity. Foam pucks will be used and equipment will be provided. Dates: Tuesday, Feb. 26th – April 9th. Fee: \$126.00 for 7 classes.

*****AFTER SCHOOL BASKETBALL*****

Weston Middle School pick- up basketball is a great addition to any team you're already on or the perfect way to review your skills while running and getting exercise. Day/dates: Monday, Dec. 3rd – Feb. 11th. Fee: \$144.00. Time: 2:45 p.m. – 4:00 p.m.



*****AFTER SCHOOL H.S. BASKETBALL – GRS. 9 – 12*****

Space is still available!! Have fun and get exercise in this low key after school basketball program for boys. Days/dates: Wednesday: GRS. 9 & 10, Dec. 5th – Feb. 6th

Thursday: GRS. 11 & 12, Dec. 13th – Feb. 7th

Friday: GRS. 9 – 12 Dec. 14th – Feb. 8th

Fee: \$110.00 for either day

