

**Weston Senior
Services & Resources**

Senior Activities Center
203-222-2608, main number
www.westonseniorcenter.info

Director: Wendy Petty
203-222-2608

Program Coordinator:
Carla Jegen
203-222-2508

Asst. Program Coordinator:
Linda Gilmore
203-222-2509

Dept. of Social Services
203-222-2663

Director:
Charlene Chiang-Hillman
Administrative Assistant:
Suzanne Friedman

Dial-a-Ride

203-222-2576
Driver: Gordon Green
(24-hour notice required)

Weston Town Hall

www.westonct.gov
203-222-2500
First Selectman's office
203-222-2656

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**Commission on Aging**

Members:  
Helen R. de Keijzer, Chair  
Bruce Lorentzen, VC  
Don Gumaer, Secretary  
Peggy A. Anderson  
Allison Lisbon  
Joy K. Peshkin  
Margarita Garces-Shapiro

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Mission Statement:

The mission of the Weston Senior Activities Center is to serve as the hub of programs and events supporting the well being of community members as they age.

**WESTON SENIOR
CENTER
NOVEMBER/DECEMBER
2016**



Our New Bus Is Here!

Greetings everyone!

Our Wednesday luncheons are going great! Each week we have new people join us and we are so happy to welcome you. At this point, we are going to move into 2 rooms when we are serving lunch at the Senior Center; we have reached our capacity in the cafe. The first 35 people who **sign up** will start in the café, and the rest of the group will get to enjoy the other room. Our food has been wonderful, catered by Peter's Market, delivered fresh and hot. We plan to venture out to other restaurants including The Lunchbox and Calises Deli, and more; we hope you will enjoy the delicious menus. Each lunch is \$4.00 and often we show a movie or have a lecture or presentation following the meal. Come early and try Yoga or Feldenkrais before lunch, or stay after and walk in the gym. Once a month we have a "party" at Norfield, where we spread out a bit and enjoy musical entertainment after lunch. We continue to be grateful to Norfield Church for allowing us to use their beautiful parish hall, as well as host a lunch party. We are also grateful to Emmanuel Church, St. Francis Church, The Weston Women's League and Weston Newcomers and Neighbors for hosting other luncheons for us at Norfield. We hope this new system of luncheons is working well for everyone, including the volunteers themselves as well as our seniors who participate. We also want to thank volunteer Angela Connaughton for serving every Wednesday and the Weston Students for setting up each week. We are so proud of our Wednesday community luncheons, we hope you will sign up and join us!

Do you want to "Go Green"? We would be happy to add you to our email list and remove you from our paper mailing. Send us a note: wpetty@westonct.gov.

Please take a look at our new website: www.westonseniorcenter.info. See you soon!

Wendy, Carla, and Linda

**Donations were made in memory of loved ones to our
Weston Senior Center**



In memory of:

Victor Burtsche and Gil Jackson
Victor Burtsche
Yolanda Dagota
Marion Ainsworth
Helga Abrach
Helga Abrach
Helga Abrach
Helga Abrach
Helga Abrach

Donated by:

Carolyn Jackson
Roberta Morelli
Roberta Morelli
Roberta Morelli
Roberta Morelli
Meta Schroeter
Alice Walsh
Vera Blau
June McGee

Our Seniors Are Going Places!

Tuesday, November 8th—Trip to The Christmas Tree Shop and Lunch at The Olive Garden, Danbury location. Sign up required. Depart Norfield at 9:30am

Thursday, November 10th— Men's Breakfast at Orems Diner Sign up required. Meet at Norfield at 9:45am

Tuesday, November 15th—Lunch outing to Rio Bravo
Depart Norfield at 11:30am (or meet there 1460 Post Road, Westport). Sign up is required for both bus and reservation.

Tuesday, December 6th— Trip to Radio City Music Hall— Christmas Spectacular! Depart Norfield at 11am. Trip is full, call to be added to waitlist.



Thursday, December 8th— Men's Breakfast at Orems Diner Sign up required. Meet at Norfield at 9:45am

Monday, December 12th— Culinary Institute Restaurante Caterina de' Medici & Al Forno Trattoria-
Depart Norfield at 10:15am—return approx. 3pm
Truly authentic Italian regional cuisine! Sign up required. Space is limited to 16. Pay for own lunch, not a pre-fix menu.

Thursday, December 15th—Trip to Fascia's Chocolate
Depart Norfield at 9:45am. Sign up required. \$8.00 -Join us in taking a tour of Fascia's Chocolates and make your own chocolate bar!

~Holiday Crafts~

Santa and Snowman Gourds

Monday, November 14th 10am

Unique gourds that will transform into Santa and Snowmen!
Join Linda for this festive holiday class.
Sign up required. \$7.00 for materials (inc. two gourds).

Zendoodle Gourds

Tuesday, November 22nd at 10am

Sign up is required by November 8th.

Pumpkin Gourds with holiday Zendoodle—you can display these every year! Join Carla in this fun, holiday class.
Cost is \$10.00 for materials

Stay for lunch after class—it's Sub Sandwich Day (\$4.00).
Sign up required!

Cookie Exchange

Tuesday, December 13th at 12:30pm

Bring 3 dozen cookies to exchange and bring a container too. If you don't want so many to take home, we will be making some cookie deliveries to our home bound friends. Must be homemade.

Holiday Flower Arrangement Class

Tuesday, December 20th at 10am

Join us to make your holiday centerpieces! \$10.00 for materials.



Safe Driving Class

Tuesday, December 13th 9am—1pm

AARP Members \$15.00; Non Members \$20.00. Please bring a snack and drink, we will not break for lunch. Many insurance companies offer a discount on auto insurance upon completion of this 4 hour class. Please talk to your insurance company prior to see if you qualify. Sign up is required (203) 222-2608.

Exercise Classes!

Tap Dancing with Sandy

Mondays and Thursdays at 10:00am - Wear Tap Shoes.

Meditation with Suzanne

Mondays at 9:30am

There is no charge for meditation, come and enjoy this peaceful time with Suzanne.

Feldenkrais with Cathy

Mondays and Wednesdays at 10:00am

Whether you have pain or stiffness due to arthritis, injury, stress, surgery, or just sitting too long, these gentle lessons will help you feel better, move with greater ease, and enjoy life again. **Mondays:** For active seniors who wish to improve their range of movement and vitality. **Wednesdays:** For those dealing with balance issues, joint pain, limited movement.

Pickleball

Mondays at 11am — drop in and try it!

Strength & Fitness with Sandy

Tuesdays & Thursdays at 11:00am

Tai Chi with Bill Wren

Thursdays at 9:30am

Tai Chi with Mari Lewis

Tuesdays at 9:30am

Wii Bowling with Anne

Thursdays at 10:00am

Yoga with Melania

Fridays at 9:00am

Gentle Yoga with Joy

Wednesdays at 10:00am

Pilates with Karen (New Class, New Time!!)

Mondays at 12pm

Cost of individual classes vary. Series discounts may be available, call (203) 222-2608 for details.



MOVIES

All Movies Start at 12:30pm

Sign up required for each one (203) 222-2608.



Wed. 11/2: Big Stone Gap: PG13: Ave Maria Mulligan (Ashley Judd), the town's self-proclaimed spinster, has resigned herself to a quiet life of singlehood and being useful. She works in her family's pharmacy, delivers the prescriptions herself, and directs the town's annual outdoor drama until one day she learns of a long-buried family secret that changes the course of her life forever.

Thurs 11/3: The Fundamentals of Caring: NR: An 18-year old with muscular dystrophy (Craig Roberts) goes on a road trip with his caregiver (Paul Rudd), and the pair learn about life from the people they meet along the way.

Thurs. 11/10: Every Thing Will Be Fine: NR: This searing drama charts the emotional odyssey of a struggling novelist whose life is turned upside down one wintry night following a fatal car accident. The incident sets him on a soul searching, decades-long journey toward redemptions, a quest that profoundly touches the lives of both his girlfriend and the accident victim's mother.

Thurs. 11/17: Wild Oats: PG13: After mistakenly receiving a large amount of money, a woman (Shirley MacLaine) and her best friend (Jessica Lange) travel to the Canary Islands for a fun-filled adventure.

Wed. 11/30: Ithaca: NR: It is 1942 and three years into World War II. Homer Macauley is a bicycle telegraph messenger in Ithaca. Although he is only fourteen years old, he has many goals and responsibilities. As his older sister, young brother and mother rely on him to be the family's breadwinner, he struggles to prove that he is the best at his job and capable of taking care of his family.

Thurs. 12/1: A Country Called Home: NR: A Country Called Home tells the story of Ellie (Imogen Poots), a young woman living in Los Angeles who learns that her estranged alcoholic father has died. Having had no contact with him since childhood, she's reluctant to make the effort to attend his funeral, but something draws her to the dusty corner of Texas where he spent the last years of his life.

Wed. 12/7: Full Out: A gymnast comes back from a devastating injury with the help of her inspiring coach in this film based on a true story. Ariana Berlin (Ana Golja), a teenage gymnast and hip-hop dancer, is involved in a serious car accident that threatens to derail her career. She is aided in her recovery, however, by her dedicated coach Val (Jennifer Beals), and ends up making the UCLA women's gymnastics team, and chasing one of her biggest goals.

Wed. 12/14 Christmas Eve: PG: Love, hilarity and superior attitudes triumph after a power outage leaves six unique groups of New Yorkers, each with their own unique personal quirks, stuck inside of some elevators for the entire night of Christmas Eve. With having no place to go, and only each other to have conversations with, all of them are forever changed by the shenanigans and thought-provoking conversation that took place on their endlessly long night together.

Thurs. 12/15: All Roads Lead to Rome: PG13: Maggie, a single mother from New York City, embarks on a journey to a Tuscan village in an effort to reconnect with her rebellious teenage daughter, Summer. Upon arrival, Maggie runs into Luca, her handsome ex-boyfriend living with his eighty year old mother, Carmen.

Thurs. 12/22: Florence Foster Jenkins: PG:13: Florence Foster Jenkins is one of those rare people who believes that she can do anything she sets her mind to unfortunately, however, she can't. With the worst singing voice in the world, this New York socialite sets out to make sure that the entire world hears her.

Wednesday Luncheons and Presentations

Luncheons are \$4.00 (unless noted) and require reservation sign up by the prior Tuesday (203) 222-2608.

November 2nd at 12pm Senior Center
12:45pm Movie: *Big Stone Gap*

November 9th at 12pm Senior Center
1:00pm Probate Judge Lisa Wexler
Will join us to discuss probate issues and legal requirements to appoint a conservator as well as answering any questions you may have.

November 16th at 12pm Norfield Church
Thanksgiving Luncheon
Traditional Thanksgiving Meal
Hosted by Emmanuel Church
Entertainment by Airborne Jazz

November 22nd at 12pm—Tuesday—Senior Center
We will order sub sandwiches, join us! Sign up is required. \$4.00

November 23rd—we are closed

November 30th at 12pm Senior Center
Pizza and a movie:
We are having our Re-Gifting Sale this week in our café so lunch will be casual in the art room. \$3.00
Sign up required. Stay and shop too!
12:45pm Movie: *Ithaca*

December 7th at 12pm Senior Center
11:30-12pm "Ask Your Pharmacist" Catherine Revzon will be with us to answer your question. She is affiliated with Lang's Pharmacy and the Westport/Weston Health Department
12:45pm Movie: *Full Out*

December 14th at 12pm Senior Center
Friends Holiday Luncheon/Party at Senior Center
This lunch will be hosted by the Friends. Sign up is required. We will be having our holiday party this day to spread out the holiday events. For those of you who are interested, we will have a gift exchange \$5.00 limit. Must sign up if interested in exchange.
1:00pm Movie: *Christmas Eve*

December 21st at 12pm Norfield Church
Holiday Luncheon at Norfield
Hosted by Weston Women's League
Entertainment by The Hoot Owls and Chris Coogan
\$4.00

December 28th—January 2nd—We are closed

November 2016

Mon

Tue

Wed

Thu

Fri

	1	2	3	4
<p>Artist Exhibit In November and December: "Art With Friends" Members</p>	<p>8:30am Y's Mens Backgammon No Tai Chi Today 11am Strength & Fitness</p>	<p>10am Feldenkrais 10am Yoga 12pm Lunch at the Senior Center Sign up required. 12:45 Movie <i>Big Stone Gap</i> Blood Pressure Check</p>	<p>9:15am Tai Chi 10am Wii Bowling 10am Tap Dancing 11am Strength & Fitness 12:30pm Movie <i>The Fundamentals of Caring</i></p>	<p>9am Yoga 10am Canasta 10am Bridge Tech Workshop Tomorrow 11/5</p>
<p>9:15am Commission Mtg 9:30am Meditation 10am Knitting 10am Feldenkrais 10am Tap Dancing 10:30am Medicare by appt. 11am Pickleball 11am Art Gottlieb -Cloisters 12pm Pilates 12:45pm Massage by appt. 1pm Art With Friends</p>	<p>8:30am Y's Mens Backgammon No Tai Chi Today 11am Strength & Fitness Christmas Tree Shop and Olive Garden in Danbury – Sign up required. Depart Norfield at 9:30am</p>	<p>10am Feldenkrais 10am Yoga 12pm Lunch at the Senior Center Sign up required. 1pm Lisa Wexler Discussion on Probate.</p>	<p>9:15am Tai Chi 9:45am Men's Breakfast at Orem's (meet at Norfield – sign up req.) 10am Wii Bowling 10am Tap Dancing 11am Strength & Fitness 12:30pm Movie <i>Everything Will Be Fine</i></p>	<p>9am Yoga 10am Canasta 10am Bridge</p>
<p>9:30am Meditation 10am Knitting 10am Feldenkrais 10am Tap Dancing 10am Santa and Snowman Gourd Class with Linda 10:30am Medicare by appt. 11am Pickleball 11am Current Events, Laura 12pm Pilates 12:45pm Massage by appt. 1pm Art With Friends</p>	<p>8:30am Y's Mens Backgammon 9:30am Tai Chi w/mari 11am Strength & Fitness 11:30am Lunch Outing to Rio Bravo in Westport Sign up required.</p>	<p>10am Feldenkrais 10am Yoga 12pm Lunch at Norfield Thanksgiving Lunch Sign up required. Hosted by Emmanuel Church Entertainment by Airborne Jazz Blood Pressure Check</p>	<p>9:15am Tai Chi 10am Wii Bowling 10am Tap Dancing 11am Strength & Fitness 11:30am Brain Games by Wilton Meadows – sign up required. 12:30 Movie <i>Wild Oats</i></p>	<p>9am Yoga 10am Canasta 10am Bridge 10am Mark Albertson "Eleanor Roosevelt" Tech Workshop Tomorrow 11/19</p>
<p>9:30am Meditation 10am Knitting 10am Feldenkrais 10am Tap Dancing 10:30am Medicare by appt. 11am Pickleball 11am Art Gottlieb Thanksgiving at Plymouth 12pm Pilates 12:45pm Massage by appt. 1pm Art With Friends</p>	<p>8:30am Y's Backgammon 9:30am Tai Chi w/Mari 10am Zendoodle Gourd Class w/Carla 11am Strength & Fitness 12pm – Lunch Sub Sandwich Day! Call to sign up.</p> 	<p>Senior Center Closed</p>	<p>Senior Center Closed</p> 	<p>Senior Center Closed</p>
<p>SALE OPENS TODAY</p> <p>9:30am Meditation 10am Knitting 10am Feldenkrais 10am Tap Dancing 10:30am Medicare by appt 11am Pickleball 12pm Pilates 12:45pm Massage by appt 1pm Art With Friends</p>	<p>8:30am Y's Backgammon 9:30am Tai Chi w/Mari 10am Beading w/Carla 11am Strength & Fitness</p>	<p>10am Feldenkrais 10am Yoga 12pm Lunch Pizza and Movie Sign up required. \$3.00 12:45 Movie <i>Ithaca</i></p>		

December 2016

Mon	Tue	Wed	Thu	Fri
			1	2
			9:15am Tai Chi w/Bill 10am Wii Bowling 10am Tap Dancing 11am Strength & Fitness 12:30pm Movie <i>A Country Called Home</i>	9am Yoga 10:00am Canasta 10am Bridge Tech Workshop Tomorrow 12/3
5	6	7	8	9
9:15am Commission Mtg 9:30am Meditation 10am Knitting 10am Tap Dancing 10:30am Medicare by appt 11am Pickleball 11am Art Gottlieb "Times Square" 12pm Pilates 12:45pm Massage by appt. 1pm Art With Friends	8:30am Y's Backgammon 9:30am Tai Chi w/Mari 11am Strength & Fitness 11am Depart for Radio City Trip Senior Center Closes at 12.	10am Feldenkrais 10am Yoga 11:30am-12pm "Ask Your Pharmacist" Catherine Revzon will be here. 12pm Lunch at the Senior Center 12:45pm Movie <i>Full Out</i> Blood Pressure Check	9:15am Tai Chi w/Bill 9:45am Men's Breakfast at Orem's – sign up 10am Wii Bowling 10am Tap Dancing 11am Strength & Fitness 11:30am Brain Games and Lunch by Wilton No Movie Today	9am Yoga 10am Canasta 10am Bridge 10am Mark Albertson "The Strategic Significance of the Attack on Pearl Harbor"
12	13	14	15	16
9:30am Meditation 10am Knitting 10am Tap Dancing 10:15am Depart for Culinary Institute Italian Luncheon 11am Pickleball 11am Current Events Laura 12pm Pilates 12:45pm Massage by appt. 1pm Art With Friends	8:30am Y's Backgammon 9am-1pm – AARP Safe Driving Class, sign up req. 9:30am Tai Chi w/Mari 10am Beading w/Carla 11am Strength & Fitness 12:30pm Cookie Exchange*	10am Feldenkrais 10am Yoga 12 Lunch at Senior Center Friends Holiday Luncheon and Gift Exchange – sponsored by the Friends 1pm Movie <i>Christmas Eve</i>	9:15am Tai Chi w/Bill 9:45am Depart for Fascia's Chocolate Trip -sign up required. 10am Wii Bowling 10am Tap Dancing 11am Strength & Fitness 12:30 Movie: <i>All Roads Lead to Rome</i>	9am Yoga 10am Canasta 10am Bridge Tech Workshop Tomorrow 12/17
19	20	21	22	23
9:30am Medication 10am Knitting 10am Tap Dancing 10:30am Medicare by appt. 12pm Pilates 12:15pm Pickleball 12:45pm Massage by appt 1:00pm Art With Friends	8:30am Backgammon 9:30am Tai Chi w/Mari 10am Flower Arranging Class for holidays. Sign up required. \$10.00 11am Strength & Fitness 	10am Feldenkrais 10am Yoga 12pm Lunch at Norfield Holiday Luncheon Hosted by Weston Women's League Entertainment The Hoot Owls w/Chris Coogan Blood Pressure Check	9:15am Tai Chi w/Bill 10am Wii Bowling 10am Tap Dancing 11am Strength & Fitness 12:30pm Movie <i>Florence Foster Jenkins</i>	9am Yoga 10am Canasta 10am Bridge
26	27	28	29	30
Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed
* Do you have any friends who need an extra hand this month? Talk to us – let's send some holiday cheer.				

MEDICARE INFORMATION**Medicare Open Enrollment October 15 –December 7****REVIEW YOUR MEDICARE COVERAGE!**

The annual open enrollment period for Medicare Part D and Advantage Plans for 2017 coverage is **October 15, 2016 through December 7, 2016**. It is a good idea to review your coverage yearly at this time with a CHOICES counselor to be sure that you are getting the coverage you want at the best reasonable cost. Changes in coverage and without penalty can be made in Open Enrollment.

For those on Original Medicare, there are 21 plans being offered for 2017 Medicare Part D. There are new insurance plans to Connecticut, changed formularies and premium changes. One program has a premium of \$14.60 per month. Is it right for you? Make an appointment through the Weston Senior Center or you may call SWCAA (Southwest Connecticut Agency on Aging) directly to speak with a CHOICES counselor. Your prescription medications including precise name (properly spelled), dosage and frequency of use will be reviewed on the Medicare.gov website and the Medicare D insurance plans will be presented to you in order of price effectiveness. Some seniors change Medicare D suppliers yearly to meet their current medication requirements and to get the best prices offered.

During Open Enrollment there will be availability for half hour appointments from 10:30 – 12:30 every Monday in November 7, 14, 21, and 28 – as well as Monday, December 5. **YOU MUST MAKE AN APPOINTMENT THROUGH THE WESTON SENIOR CENTER** at (203) 222 - 2608. **NO WALK-INS**. If times or dates are not convenient for you simply contact a CHOICES counselor at 1(800) 994 - 9422.

CHOICES presents objective information for you to consider when making decisions about Medicare issues. **Advantage plan advertising has been very active. If you are considering a change of Medicare provider especially to an Advantage program be sure your doctors, labs for blood work and the hospital of your choice accept that exact particular insurance plan.** Do not trust lists that have been made to meet a printing deadline of four or five months ago. Lists can change at any time. Telephone the doctors, labs & hospitals to be sure they accept the exact particular insurance that you are considering before you enroll. Remember any Medicare resource can drop out of any plan any time during the year.

Please book appointments as soon as possible and early in the open enrollment period – couples book two appointments. There may not be time available when booking later. Never a charge for Medicare Choices consultations. See you at the Center!

Meta Schroeter
CHOICES Counselor

**Weston Department of Social Services
(203) 222-2663**

Weston social services volunteer program now has Weston community members who will volunteer to provide friendly visitors to Weston seniors. If interested please email westonhelpingweston@gmail.com or call my cell phone 917-721-7404 and talk to Allison Lisbon, LCSW

Weston Public Library

November 15, 9:30-11:30am Flu Shot Clinic, Weston/
Westport Health District Town Hall Meeting Room

November 16, 7pm Book Group, Illumination Night by
Hoffman Town Hall Commission Room

See Historical Society Calendar for other events the Weston Public Library is involved with.

**The Weston Historical Society
(203) 226-1804****Memories of World War II**

- 11/2 Movie: *Schindler's List*. Weston Senior Center; 7:30 p.m.
11/9 Lecture: "Why We Remember The Holocaust,"
by David Muller and Agnes Vertes.
Weston Senior Center; 7:30 p.m.
11/12 **Grand Opening:** WWII Encampment Day.
WW II collector Ken Boughton will
display authentic WW II equipment, gear and arms,
to coincide with exhibit opening
Memories of World War II. Coley Homestead
and Museum, 10 a.m. – 4 p.m.
11/30 Movie: *Memphis Belle*. Weston Senior Center; 7:30 p.m.
12/3 WHS Member Holiday Party. Location to be announced-
call for details. 8 p.m.
12/7 Movie: *Tora-Tora-Tora*. Weston Public Library, 7:30 p.m.
12/28 Movie: *Patton*. Weston Public Library, 7:30 p.m.

For a complete listing through March, please see their website.

The Weston Historical Society is located at 104 Weston Road,
Weston, CT.

The Weston Senior Center is located at 9 School Road,
Hurlbutt Elementary School, Weston, CT.

The Weston Public Library is located at 56 Norfield Road.,
Weston, CT.

The films and lectures are free and open to the public.
The Weston Historical Society Museum and grounds, at 104 Weston Road, will be open on Sundays from November 13, 2016 – March 25, 2017 from 1:00 p.m. – 4:00 p.m. For private tours, contact our executive director, Susan Gunn Bromley, at 203-226-1804 or email: info@westonhistoricalsociety.org For more information visit our website: www.westonhistoricalsociety.org.

From Your Friends

Thank you to everyone who volunteers, sponsored, donated and supported our Fifth Annual Alden Sherman Classic. We were so happy with our event and excited to bring to you more wonderful programs and events at the Weston Senior Center. As you know, our bus is ready for trips, and we have great lectures each month for your enjoyment. You will know that the Friends of the Weston Senior Activities Center is sponsoring one of our programs if you see this symbol.  Thank you!

Mark Albertson
(203) 222-2608 to sign up.



Friday, November 18th 10am—11am

Eleonore Roosevelt:

Eleanor, the quintessential American Liberal. Wife of President Franklin D. Roosevelt, Eleanor would transform the office of First Lady. She would be the first to address a presidential convention. She would give 348 press conferences; publish 65 feature articles in America's leading periodicals; starting in 1936, she would publish a daily column, "My Day," until 1962. She would be a tireless foe of racial inequality, women's issues, unemployment, equal justice for all.

Friday, December 9th 10am—11am

The Strategic Significance of the Attack on Pearl Harbor:

The Day of Infamy is seen as that official entrance of America into World War II. The United States Navy had already been at war for months, escorting convoys halfway across the North Atlantic. Pearl Harbor merely codified America's participation in the conflict. But of greater significance is that Pearl Harbor, together with the Soviet victory at Moscow, render December 1941 as the turning point of the war.

Tech Workshops with Bevin Benson (Weston High School senior)

Saturdays November 5th and 19th,
December 3rd and 17th

10am-11:30am at the Weston Public Library by appointment only. There will be 2 time slots: 10:00am-10:45am and 10:45am—11:30am. Call the senior center to sign up (203) 222-2608.

Painting Class with Keith Brooks "Art with Friends"

Mondays from 1:00-3:00pm

You will receive weekly pre-class emails for next class topic. No need to sign up for whole series, just ask to be included in the email and we will keep you up to date.

All levels are welcome, come and join fellow artists.

Call for more details and to sign up! \$5.00 per class or pay for series with discount. (203) 222-2608

Art Gottlieb, LCSW, CSA
(203) 222-2608 to sign up.



Monday, November 7th 11am—12pm

The Cloisters

The Cloisters were excavated from French monasteries in the 1930's and reconstructed on their present site in the Washington Heights section of upper Manhattan. This Romanesque and Gothic style landmark is part of the Metropolitan Museum of Art, and now serves as a museum of European architecture and sculpture.

Monday, November 21st 11am—12pm

Thanksgiving at Plymouth Plantation

This program will explore the history of native Americans and the European settlers at Plymouth who joined together for the first celebration of Thanksgiving, and a photo remembrance of this holiday and its significance in American culture.

Monday, December 5th 11am—12pm

Times Square

Located in the heart of New York City, Times Square is world famous for its huge billboards, stores and restaurants. On New Year's Eve in 1907 crowds gathered there to witness New York's first "ball drop", a tradition that continues to this today, and a celebration that draws over one million people annually.

SCAM Helpful Hints

Copy all credit and id cards front and back for your records. If you lose your wallet you will be able to contact the appropriate companies for replacements and stop payments.

Never let a stranger into your home- day or night. This includes workmen trying to sell a quick repair job left over materials from a nearby project – driveway, roofing, etc; anyone stranded with a broken down car; or people waiting for a neighbor to return. These are usually ruses to get into your home, distract you and then steal cash, jewelry, etc.

Keep your plans to yourself! Do not post future plans about being away from home on any social media site. This is an invitation to burglars to invade your home and help themselves.

Weston Senior Activities Center
P.O. Box 1007
56 Norfield Road
Weston, CT 06883
203-222-2608
www.westonct.gov/

Presort Standard
U.S. POSTAGE
PAID
Permit No. 2
WESTPORT, CT 06880

Roberta's Easy Delicious Brownies

4 sq. unsweetened chocolate
2 sticks of butter
2 cups sugar
4 eggs
2 t. vanilla
1 cup flour
Dash of salt
Walnuts (optional)

Melt chocolate and butter in saucepan, remove from heat, add 2 cups sugar and stir. Add 4 eggs one at a time, a dash of salt, 2 t. vanilla, 1 cup of flour and blend thoroughly.

Bake at 350 degrees in 9 x 13 pan. Grease and flour pan!

Optional: add walnuts to batter or on top if desired before baking.



Annual Re-Gifting Sale

Opens Monday, November 28th
at 9am.

Weston Senior Center

Do you have gifts around your house that you received that just are not your style? Did you forget to return something and now you are stuck with it? Do you have unused items that you have no use for anymore?

We will take them for our annual Re-Gifting Sale!

We call it the re-gifting sale to encourage the fun of this fundraiser. All of the money we make directly supports our Senior Center. We use it to buy extra supplies for crafts, coffee pods, parties, and general Senior Center goodies throughout the year.

This is a GREAT way to shop for your friends and family without spending a fortune or having to go to a crowded mall. We will even wrap it for you. We ask that you only donate new or unused items since it's a gift sale not a tag sale.