

Guide to Town Senior Services

**Senior Activities Center
203-222-2608—main number**

Wendy Petty
Director
extension 2608

Pam Wilson
Program Coordinator
extension 2508

Carla Jegen
Asst. Program Coordinator
extension 2509

Social Services

Charlene Chiang-Hillman
Director

Suzanne Friedman
Administrative Asst.

203-222-2663

Town Hall

Tom Landry
Town Administrator
Randi Derene
Selectman's Secretary

203-222-2656

Dial-A-Ride

Gordon Green
(24 Hr Notice Required)

203-222-2576

Center Hours:

M, T, & Th: 9:00am-3:00pm
W: 9am-11am (Senior Center)
12pm Lunch at Norfield
Church Parish Hall
F: 9am-12pm
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**Commission Meetings 9:15am**

Monday, November 2nd and  
December 7th

**Board Members:**

Helen de Keijzer, Chair  
Peggy Anderson  
Bruce Lorentzen  
Nina Daniel  
Donald Gumaer  
Margarita Garces-Shapiro  
Laura Smits

**WESTON SENIOR  
ACTIVITIES CENTER**

November/December 2015



Happy Holidays!

We hope you drop in for a cup of coffee to celebrate with us. There is so much going on this month!

Here are just a few of the things we have planned: We will be taking a coach bus trip to the newly renovated Wadsworth Museum in Hartford to see their Festival of the Trees celebration on December 10th. There will be a holiday luncheon and ornament exchange on December 11<sup>th</sup> at the Cobbs Mill. A holiday lunch at Norfield, with entertainment by Chris Coogan and the Hoot Owls, is scheduled for December 16th. If you like baking, please join in on our cookie exchange on December 15th. Last but not least, David Connel is performing at our Fourth Annual Holiday party planned for December 17<sup>th</sup>. Please read on to see all the other fun art classes, history lectures and so much more in store for you!

If you are interested in finding a new spot for your card group, book club or bridge club give us a call! We have a beautiful lounge that we are letting Weston groups use free of charge. We have backgammon, scrabble, and chess boards here too!

We look forward to seeing you!  
Wendy, Pam and Carla

**Important Announcements:**

Effective immediately, reservations will be required for Wednesday lunches (call or sign up by the Monday of that same week). Starting with lunch on Wednesday, November 4th, RSVP required by the Monday 11/2 of that week.

**Closures:**

We will be closed 11/11, 11/25-11/27 and 12/24-1/3

Remember for weather related closures, we will post on News Channel 12 and on our voicemail. We will also send an email to those on our list. Let us know if you would like to be added to our list.

***Mission Statement:***

***The mission of the Weston Senior Activities Center is to serve as the hub of programs and events supporting the well being of community members as they age.***

**In His Own Words**

Hope and I came to Weston in 1953, and moved into a house on Weston Road. Then in the late 50s and early 60s the newly marrieds arrived in droves, and with it a building boom and the burgeoning of the school population. They were a vibrant, new element in town and they began to largely displace the good-old-boy type of government, especially when a new Charter in 1967 changed appointed positions to elected ones. And that's when I got on P&Z.

The three most contentious issues then were the same as they are now: two acre zoning, limited commercial development, and a budget that was unconscionably high. Yet we had the realities of life to deal with if we wanted to keep the character of the town intact. I think Weston people as a resident that you count on when the Town Center was built in 1951 it was looked at in horror. The Town sued to stop it, but lost. Actually, it was a godsend because if that Center hadn't been there we would not have passed two-acre zoning and we could have had commercial development all the way up Route 57.



with if we wanted to keep the character of the town intact. I think Weston people as a resident that you count on when the Town Center was built in 1951 it was looked at in horror. The Town sued to stop it, but lost. Actually, it was a godsend because if that Center hadn't been there we would not have passed two-acre zoning and we could have had commercial development all the way up Route 57.

We also assured the character of the town by adopting the first Town Plan in 1969 and, especially, when the P&Z developed the "Weston Environmental Resources Manual," which is still a blueprint for the town's planning and development. When I read in the *Weston Forum* about the need to update the plan and all of these horrible things that are happening in Town I say, "This is the same darn record that we heard back in the 70s."

*Robert C. Turner was interviewed in May, 2015 on behalf of Weston Voices, an oral history project of the Weston Historical Society, with funding support from the Weston Education Foundation and the Friends of the Weston Senior Activities Center.*

**Decisive Day: A Presentation by**

**Mark Albertson, Monday, November 16th @ 10am**  
 April 6, 1916—Decisive day, the day President Wilson asked Congress to declare war on Germany. A day of greater significance than December 7, 1941  
 Or September 11, 2001. For April 6, 1917 is the day Congress codified America as a global power.



**Harry Truman— A Presentation by Art Gottlieb Friday, November 20th- 11am-12pm**

Thrust into the presidency upon the death of Franklin Roosevelt, most citizens never even heard of the plain talking every-man from Missouri. The only president with combat experience from World War I, Truman was one out of two U.S. Presidents to never have attended college (the other being Grover Cleveland).  
**Presentations by Arthur N. Gottlieb, LCSW, CSA.**  
 Sign up required for each one (203) 222-2608.

**Exercise Classes!**

**Tap Dancing with Sandy**

Mondays and Thursdays @ 10:00-10:45am (50+ welcome)  
 SC Gym Wear Tap Shoes.



**Dance to the Music with Sandy**

Mondays @ 11:00 am (50+ welcome) SC Gym \$3/class

**Feldenkrais**

Wednesdays @ 10 see description on this page! \$3/Class

**Pickleball**

Mondays @ 12:15pm at the Senior Center—drop in

**Strength & Fitness with Sandy**

Tuesdays & Thursdays @ 11 am  
 \$3/class drop in (SC Gym) - \$3/class

**Tai Chi with Bill Wren**

Thursdays 9:30am SC Gym

**Tai Chi with Mari Lewis**

Tuesdays 9:30am-SC gym



**Wii Bowling with Anne**

Thursdays @ 10 am  
 Free (Senior Center)

**Yoga with Melania**

Fridays @ 9 am  
 \$3/class—drop in (SC Gym)

**Gentle Yoga with Joy**

Wednesdays @ 10 am  
 \$3/class—drop in (SC Cafe)

**Pilates with Andrea**

Fridays at 10:30am—\$4/class

**Feldenkrais**



**Want to Move Like You Used To?**

**Wednesdays at 10am @ Weston Senior Center**

Discover the Feldenkrais Method and a More Flexible, Powerful You!

Whether you have pain or stiffness due to arthritis, injury, stress, surgery, or just sitting too long, these gentle lessons will help you feel better, move with greater ease, and enjoy your life again. You will learn how it feels to:

- stand and sit with ease and comfort
- relax your back muscles
- use your pelvis to support your spine
- open your chest for better breathing
- improve your balance in standing and walking
- carry your head, neck and shoulders more comfortably

You don't need expensive equipment, ointments, or wraps to make a *profound* difference in how you feel; come find out for yourself!



**MOVIES**

All Movies Start at 12:30pm  
(unless noted)



Movies are free and include popcorn!

**Sign up is required so we can notify you of any changes or cancellations.**

11/5 The Judge R: In "The Judge", Robert Downey Jr stars as big city lawyer Hank Palmer, who returns to his childhood home where his estranged father, the town's judge (Robert Duvall), is suspected of murder. He sets out to discover the truth and along the way reconnects with the family he walked away from years before.

11/12: Jurassic World PG:13: A new theme park is built on the original site of Jurassic Park. Everything is going well until the park's newest attraction--a genetically modified giant stealth killing machine--escapes containment and goes on a killing spree.

11/19 Spy R: Susan Cooper (Melissa McCarthy) is an unassuming, deskbound CIA analyst, and the unsung hero behind the Agency's most dangerous missions. But when her partner (Jude Law) falls off the grid and another top agent (Jason Statham) is compromised, she volunteers to go deep undercover to infiltrate the world of a deadly arms dealer, and prevent a global disaster.

12/3 I'll See You In My Dreams PG13: In this vibrant, funny, and heartfelt film, a widow and former songstress discovers that life can begin anew at any age. With the support of three loyal girlfriends (June Squibb, Rhea Perlman, and Mary Kay Place), Carol (Blythe Danner) decides to embrace the world, embarking on an unlikely friendship with her pool maintenance man (Martin Starr), pursuing a new love interest (Sam Elliott), and reconnecting with her daughter (Malin Akerman).

12/10 Iris PG13: Iris pairs legendary 87-year old documentarian Albert Maysles with Iris Apfel the quick-witted, flamboyantly dressed 93-year old style maven who has had an outsized presence on the New York fashion scene for decades. More than a fashion film, this is a story about creativity and portrays a singular woman whose enthusiasm for fashion, art and people are life's sustenance and reminds us that dressing, and indeed life, is nothing but an experiment.

**James McNeill Whistler**

A Presentation on the Life and Art of James McNeill Whistler by  
Lisa Arnold.  
Friday, November 13th at 11am @ Weston Senior Center

James was an American born British based artist active during the American Gilded Age. His most famous painting is "Arrangement in Grey and Black No. 1 (1871), commonly known as Whistler's Mother, but there is so much more! Come and learn about his life and art. This is free, sponsored by the Friends of the Senior Center. Sign up required - (203) 222-2608.



**Brain Games and Lunch**



Sponsored by Wilton Meadows  
Thursday, November 19th 11:30am-1pm  
Come and enjoy lunch and play some great "brain games/teasers" to keep you thinking! This is free sponsored by Wilton Meadows.  
Sign up required. (203) 222-2608.  
Do you know what these words mean?

\_Ship  
or  
AGEBeauty

(See answers below)

**Zentangle Holiday Cards  
With Carla - Nov. 10th, Dec. 1st and 15th**

Zentangles are miniature pieces of unplanned, abstract, black and white art created through structured patterns called tangles. Zentangles are not only exquisitely beautiful but they are also fun and relaxing to create. The art of Zentangle is a form of artistic meditation as one becomes completely engrossed in making each pattern, deliberately focusing on one stroke at a time. The options and pattern combinations are boundless. And anyone can do it!!



Cost is \$5.00 --per class. (If you are new to Zentangle, there is an additional one time supply fee of \$5.00)  
**Sign up required.**

**Paint Your Own Nutcracker  
Thursday, November 24th @ 10am w/Carla**

Join Carla and paint your own wooden nutcracker.  
This class is free-- limited to 10 people

**AARP Safe Driving Course**   
**Thursday, December 3rd @ 9am**

The cost of this safe driving program is \$15.00 for AARP members and \$20.00 for non members. Check with your own auto insurance to see if they offer a discount upon completion of the course. Sign up is required. Payment is due the day of the class made payable to AARP.  
(203) 222-2608



**Holiday Centerpiece Class**



December 22nd at 10am  
\$10.00 to hold your place in our class and for supplies.  
Space is limited on this class.

**Painting Class with Keith Brooks  
"Art with Friends"**

Mondays @ 1:00-3:00pm  
at the Senior Center  
All levels are welcome, come and join fellow artists.  
**Call for more details and to sign up! \$5.00 per class or pay for series with discount.**  
**(203) 222-2608**

Answer key: spaceship / Age before beauty

# November 2015

| <i>Mon</i>                                                                                                                                                         | <i>Tue</i>                                                                                                                                                                     | <i>Wed</i>                                                                                                                                                                                                                                                                | <i>Thu</i>                                                                                                                     | <i>Fri</i>                                                                                                                      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| 2                                                                                                                                                                  | 3                                                                                                                                                                              | 4                                                                                                                                                                                                                                                                         | 5                                                                                                                              | 6                                                                                                                               |
| 9:15am Commission mtg<br>10am Knitting<br>10am Tap Dancing<br>10am Medicare<br>11am Dancing<br>12:15pm Pickleball<br>1pm Art With Friends                          | 8:30am Y's Men Backgammon<br>9:30am Tai Chi w/ Mari<br>No Craft with Carla today<br>11am Strength & Fitness<br>12pm Poker w/Stella                                             | 10am Feldenkrais<br>10am Yoga<br>12pm Lunch Hosted by Norfield – (lasagna, salad, garlic bread, dessert) <i>Bingo</i><br>Weston EMS Blood                                                                                                                                 | 9:30am Tai Chi w/ Bill<br>10am Wii Bowling<br>10am Tap Dancing<br>11am Strength & Fitness<br>12:30pm Movie <i>The Judge</i>    | 9am Yoga<br>10am Canasta<br>10:30am Pilates<br>-----<br>Saturday (tomorrow)<br>Tech Workshop @ Weston Library<br>9:30am-10:30am |
| 9                                                                                                                                                                  | 10                                                                                                                                                                             | 11                                                                                                                                                                                                                                                                        | 12                                                                                                                             | 13                                                                                                                              |
| 10am Knitting<br>10am Tap Dancing<br>10am Medicare<br>11am Current Events<br>11am Dancing<br>12:15pm Pickleball<br>1pm Art With Friends                            | 8:30am Y's Men Backgammon<br>9:30am Tai Chi w/Mari<br>10am Zentangle Holiday Card Making w/Carla<br>11am Strength & Fitness<br>12pm Poker w/Stella                             | <b>Senior Center Closed</b>                                                                                                                                                                                                                                               | 9:30am Tai Chi<br>10am Wii Bowling<br>10am Tap Dancing<br>11am Strength & Fitness<br>12:30pm Movie <i>Jurassic World</i>       | 9am Yoga<br>10am Canasta<br>10:30am Pilates<br>11am Lisa Arnold presents Whistler                                               |
| 16                                                                                                                                                                 | 17                                                                                                                                                                             | 18                                                                                                                                                                                                                                                                        | 19                                                                                                                             | 20                                                                                                                              |
| 10am Knitting<br>10am Tap Dancing<br>10am Decisive Day, presented by Mark Albertson<br>10am Medicare<br>11am Dancing<br>12:15pm Pickleball<br>1pm Art With Friends | 8:30am Y's Backgammon<br>9:30am Tai Chi w/ Mari<br>9:30am Shopping/Lunch Red Lobster/Christmas Tree Shop, sign up required.<br>11am Strength & Fitness<br>12pm Poker w/Richard | 10am Feldenkrais<br>10am Yoga<br>12 Lunch at Norfield Hosted by Emmanuel (Thanksgiving Meal) <i>Chris Coogan</i><br>2:45pm Tech Workshop @ high school<br><i>RVNA blood pressure</i>  | 9:30am Tai Chi<br>10am Wii Bowling<br>10am Tap Dancing<br>11 Strength & Fitness<br>11:30am Brain Games<br>1pm Movie <i>Spy</i> | 9am Yoga<br>10am Canasta<br>10:30am Pilates<br>11:00am Art Gottlieb presents: Harry Truman                                      |
| 23                                                                                                                                                                 | 24                                                                                                                                                                             | 25                                                                                                                                                                                                                                                                        | 26                                                                                                                             | 27                                                                                                                              |
| 10am Knitting<br>10am Tap Dancing<br>10am Medicare<br>11am Dancing<br>12:15pm Pickleball<br>1pm Art With Friends                                                   | 8:30am Y's Backgammon<br>9:30am Tai Chi w/Mari<br>10am Paint Your Own Nutcracker w/Carla<br>11am Strength & Fitness<br>12pm Poker w/Richard<br>12:00pm Lunch & Learn           | <b>Senior Center Closed</b>                                                                                                                                                                                                                                               | <b>Senior Center Closed</b><br>           | <b>Senior Center Closed</b>                                                                                                     |
| 30                                                                                                                                                                 |                                                                                                                                                                                |                                                                                                                                                                                                                                                                           |                                                                                                                                |                                                                                                                                 |
| 10am Knitting<br>10am Tap Dancing<br>10am Medicare<br>11am Dancing<br>12:15pm Pickleball<br>1pm Art With Friends<br><i>Holiday Sale Begins 9-3</i>                 |                                                                                                                                                                                | Thank you to Weston EMS and Ridgefield Visiting Nurse Association for having Blood Pressure Checks each month !<br>                                                                   |                                                                                                                                |                                                                                                                                 |

# December 2015

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

|                                                                                                                                               | 1                                                                                                                                                              | 2                                                                                                                                                                              | 3                                                                                                                                                                     | 4                                                                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Artists:<br/>Art With Friends<br/>Display</b><br><br><i>Holiday Sale 9-3</i>                                                               | 8:30am Y's Men Backgammon<br>9:30am Tai Chi w/Mari<br>10am Holiday Zentangle<br>11am Strength & Fitness<br>12pm Poker W/Richard<br><br><i>Holiday Sale 9-3</i> | 10am Feldenkrais<br>10am Yoga<br>12 Lunch at Norfield<br>Hosted by Norfield<br>(chicken, stuffing, broccoli salad, dessert)<br><i>Johnny P</i><br><br><i>Holiday Sale 9-11</i> | 9am AARP Safe Driving Class<br>9:30am Tai Chi<br>10am Wii Bowling<br>10am Tap Dancing<br>11am Strength & Fitness<br>12:30pm Movie<br><i>I'll See You In My Dreams</i> | 9am Yoga<br>10:00am Canasta<br>10:30am Pilates                                                                                                                         |
| 9:15am Commission Meeting<br>10am Knitting<br>10am Medicare<br>10am Tap Dancing<br>11am Dancing<br>12:15pm Pickleball<br>1pm Art With Friends | 8:30am Y's Backgammon<br>No craft today<br>9:30am Tai Chi w/Mari<br>11am Strength & Fitness<br>12pm Poker W/Richard                                            | 10am Feldenkrais<br>10am Yoga<br>12 Lunch at Norfield<br>Hosted by St. Francis (Pork Loin, quinoa & mushrooms, green beans, salad, dessert)<br><i>Bingo</i>                    | 8:30am Trip – Wadsworth Festival<br>9:30am Tai Chi w/Bill<br>10am Wii Bowling<br>10am Tap Dancing<br>11am Strength & Fitness<br>12:30pm Movie<br><i>Iris</i>          | 9am Yoga<br>10am Canasta<br>10:30am Pilates<br>11am Cobbs Mill<br>Holiday Luncheon<br>-----<br>Saturday (tomorrow)<br>Tech Workshop @ Weston Library<br>9:30am-10:30am |
| 10am Knitting<br>10am Tap Dancing<br>11am Current Events<br>11am Dancing<br>12:15pm Pickleball<br>1pm Art With Friends                        | 8:30am Backgammon<br>9:30am Tai Chi w/Mari<br>10am Holiday Zentangle w/Carla<br>11am Strength & Fitness<br>1pm Cookie Exchange at the <b>Senior Center</b>     | 10am Feldenkrais<br>10am Yoga<br><b>12pm Holiday Luncheon</b><br>Hosted by Friends of the Weston Senior Center<br><i>The Hoot Owls</i><br><i>RVNA blood pressure</i>           | 9:30am Tai Chi w/ Bill<br>10am Tap Dancing<br>11am Strength & Fitness<br><b>11:30am Holiday Party at the Senior Center</b><br><i>With David Connell</i>               | 9am Yoga<br>10am Canasta<br>10:30am Pilates                                                                                                                            |
| 10am Knitting<br>10am Tap Dancing<br>11am Dancing<br>12:15pm Pickleball<br>1:00pm Art With Friends                                            | 8:30am Backgammon<br>9:30am Tai Chi w/Mari<br>10am Holiday Centerpieces – sign up required<br>11am Strength & Fitness<br>12pm Poker                            | 10am Feldenkrais<br>10am Yoga<br><br>No Luncheon Today                                                                                                                         | Senior Center Closed<br><br>                                                     | Senior Center Closed<br><br>                                                      |
| Senior Center Closed                                                                                                                          | Senior Center Closed                                                                                                                                           | Senior Center Closed                                                                                                                                                           | Senior Center Closed                                                                                                                                                  | Happy New Year!!<br><br>                                                          |

**Medicare Open Enrollment October 15 –December 7**

**REVIEW YOUR COVERAGE!**

The annual open enrollment period for Medicare Part D and Advantage Plan for 2016 coverage is **October 15, 2015 through December 7, 2015**. It is a good idea to review your coverage yearly at this time with a CHOICES counselor to be sure that you are getting the coverage you want at the best reasonable cost. Changes in coverage and without penalty can be made in Open Enrollment.

There are 23 plans being offered for 2016 Medicare Part D. There are new insurance plans to Connecticut, changed formularies and premium changes. One program has a premium of \$18.40 per month. Is it right for you? Make an appointment through the Weston Senior Center or you may call SWCAA (Southwest Connecticut Agency on Aging) directly to speak with a CHOICES counselor. Your medications including precise name (properly spelled), dosage and frequency of use will be reviewed on the Medicare.gov website and the Medicare D insurance plans that are the most suitable will be presented to you in order of price effectiveness. Some seniors change Medicare D suppliers yearly to meet their current medication requirements and at the best prices offered.

During Open Enrollment there will be availability for half hour appointments from 10:00 – 12:30 every Monday in November 2, 9, 16 23 and 30 – as well as Monday, December 7. **YOU MUST MAKE AN APPOINTMENT THROUGH THE WESTON SENIOR CENTER** at (203) 222 - 2608. **NO WALK-INS**. If times or dates are not convenient for you simply contact a CHOICES counselor at 1(800) 994 - 9422.

CHOICES presents information for you to consider when making decisions about Medicare issues. **If you are considering a change of Medicare provider especially to an Advantage program be sure your doctors, labs for blood work and the hospital of your choice accept that insurance plan.** Do not trust lists that have been made to meet a printing deadline of four or five months ago. Lists can change at anytime. Telephone the doctors, labs & hospitals to be sure they accept the insurance that you are considering before you enroll. Remember any Medicare resource can drop out of any plan any time during the year.

Please book appointments as soon as possible and early in the open enrollment period – couples book two appointments. There may not be time available when booking later. Never a charge for Medicare Choices consultations. See you at the Center!

Meta Schroeter  
CHOICES Counselor

**Holidays For Veterans**



We are collecting items for the Veterans Hospital in New Haven. Please consider donating items from now through December 7th.

Here are some specific items to donate:

- flannel PJ bottoms, medium or large
- White socks
- White t-shirts, medium, large, extra large
- Toothbrushes, toothpaste, shaving cream, shampoo.
- Games, puzzles, books.



**Weston Public Library**

|                                                                                          |                            |
|------------------------------------------------------------------------------------------|----------------------------|
| Friends of the Library Book Sale                                                         | Nov. 6-8                   |
| New Yorker Roundtable 11:45am                                                            | Nov. 10, 17, 24;<br>Dec. 8 |
| Book Group: Children Act by McEwan                                                       | Nov. 12, 10:30AM           |
| Question and Answer Time with Probate Judge Lisa Wexler                                  | Nov. 12, 11AM              |
| Home Movie Magic: Converting your home movies on VHS to digital files. Space is limited! | Nov. 12, 3PM               |
| Lunch and Learn: Iran: What We Forget or Never Knew w/ Karl Meyer & Shareen Brysac       | Nov. 16, 12PM              |
| SCORE: The New Lending Landscape                                                         | Nov. 17, 6PM               |
| Book Group: The Tie That Binds by Haruf                                                  | Nov. 18, 7PM               |
| Movie Night: Mr. Holmes (PG)                                                             | Nov. 19, 7PM               |
| Lunch and Learn: EBay for Intermediate Users with Russel Wayne                           | Dec. 3, 12PM               |
| Seasons Readings with Play With Your Food – This special holiday event is free!          | Dec. 4, 6PM                |
| Lunch and Learn: The Invention of the Middle East with Karl Meyer and Shareen Brysac     | Dec. 7, 12PM               |
| Book Group: To Kill a Mockingbird by Lee                                                 | Dec. 10, 10:30AM           |

**Weston High School Student Government present:  
Tech Workshops**



**Wednesday Workshop**

**Wednesday, November 18th—High School**

2:45pm—3:45pm in the High School Library. Bring your iPad, cell phone, laptop, camera, or anything tech related and students will be on hand to answer your questions! Sign up required (203) 222-2608

**Weekend Workshops—Weston Library**

**Saturday, November 7th and December 12th**

These Saturday workshops will be from 9:30am-10:30am at the Weston Library. These are student run workshops. Please call the senior center to sign up so they know how many students to line up

**The Weston Historical Society**

The Historical Society is looking for volunteers to help the archivist document the collections. If you have a connection with World War II, whether it's personal experiences, artifacts, pictures, or simply family narratives, the Weston Historical Society wants to hear from you! If you are interested in this or another position at the Historical Society, please give them a call (203) 226-1804.

**Weston Hike: Great Ledge Hike**

Saturday, November 7; 8 miles. Bring water and a light lunch. Meet at 10:00 am at the Devil's Den Pent Road entrance; return by 3:00 pm. Take advantage of the gorgeous autumn leaves in Devil's Den. This walk covers most areas of the preserve and features a spectacular view from Great Ledge out over the Saugatuck Reservoir and off to the hills of Easton. This is Walk Weston's final scheduled hike of the year. Dr. Tom Failla will lead the hike.



We would like to thank our Friends of the Weston Senior Center for helping us with our Alden Sherman Classic. Our fundraiser was a success and we want to thank everyone who donated, volunteered and supported our event. We are well on our way to purchasing a new senior center bus—we will keep you posted on our progress.

### **Wadsworth Museum's Festival of the Trees**

Thursday, December 10th. 8:30am departure from Norfield. Please see back cover for details!  
The cost for this trip is \$37.00, the coach bus will be covered by our Friends!

### **Cobbs Mill Holiday Luncheon and Ornament Exchange**

Friday, December 11th at 12:00pm (please meet at Cobbs Mill)

Meet at Cobbs Mill (12 Old Mill Road). Sign up required for reservations (203) 222-2608.  
There will be a pre fix lunch with a choice of soup or salad, entrée, dessert, coffee or tea.  
\$26.50 this includes tax and gratuity. (Paid in advance by 12/4)

Please bring a wrapped ornament for the grab bag!  
***Sign up by 12/4 so we can give a head count to the restaurant.***

### **Holiday Lunch December 16th at Norfield Entertainment by The Hoot Owls**

Hosted by the Friends of the Weston Senior Center  
Wednesday, December 16th at noon. Please sign up so we know who is coming!  
The cost is \$4.00.



### **Cookie Exchange**

**Tuesday, December 15th! 1pm-2pm**

Bring 3 dozen cookies to exchange ***at the Weston Senior Center***  
(bring containers to take your cookies home)  
RSVP so we know you are coming!!

RSVP for both the lunch and the exchange!! (203) 222-2608

### ***Fourth Annual Holiday Party***

**Thursday, December 17th - 11:30am—1:30pm At the Senior Center**  
Sponsored by the Friends of the Weston Senior Activities Center

Come and join us for festive food, live musical entertainment by David Connell with Caroling & great friends! Bring a \$5.00 wrapped gift if you would like to exchange presents!

**RSVP by December 12th to the Senior Center (203) 222-2608.** To help with parking, Gordon will be available to bring you on the bus from the Norfield.

Weston Senior Activities  
P.O. Box 1007  
56 Norfield Road  
Weston, CT 06883  
203-222-2608  
www.westonct.gov/

Presort Standard  
U.S. POSTAGE  
PAID  
Permit No. 2  
WESTPORT, CT 06880

### Wadsworth Museum's Festival of the Trees

Thursday, December 10th—departing at 8:30am from Norfield  
We will leave the museum at 2:30  
and should be back by 4:30pm.

The Festival of the Trees has become a beloved tradition to many living in the Greater Hartford area. This festival will be held at America's first public art museum—the Wadsworth Athenaeum Museum of Art, and it is sure to be the perfect event to warm your spirits as the chilly winter season carries on here in Hartford. Come see the trees, listen to live music, and stroll the museum on your own.

This trip includes lunch (pre-ordered, choose at time of sign up), "highlights" docent-guided tour for the public, admission to all galleries, special exhibits, tree displays and daytime musical performances, lunch and coach bus. The cost is \$37.00.

**Payment in full is due by November 24th.**



HAL HUTCHISON

Weston Connecticut • [www.helpingheartsCT.com](http://www.helpingheartsCT.com)  
hutch44@optonline.net • Phone 203.454.9977

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### HOLIDAY RE-GIFTING SALE

Starting Monday, November 30th  
9am-3pm  
(we will open each day until items run out!)

Start your holiday shopping! Complimentary gift wrapping!

