

## Bicycle and Pedestrian Committee

December 15th- Special Meeting

### Bisceglie-Scribner Trail Walk

On a day when the temperature never even reached freezing, Jon, Ray and I, accompanied by Dave Ungar (Dept. of Parks and Rec.) took a stroll through the fitness trail. Our goal was to see what improvements might be needed to be made to the trail and to identify the potential for use by residents of all ages and abilities.

Physically, the instructional signs and most of the stations are in pretty good shape. Only 1 station had a missing piece of equipment and one other station that requires a person to sit needs sanding. The signs are in excellent condition. However, there are no signs at the main entrance to indicate there is a fitness trail, nor directionals to the start. The same goes for the parking area, no signs to indicate fitness trail. Dave Ungar suggested a sign such as the one for the Historic Post Office could be placed at the entrance.

The first part of the trail that begins to the right of the entrance as one enters could be made suitable for seniors or the less physically fit to walk. There are some protruding tree roots and small rocks, (see photos below) but Mr. Ungar suggested with additional ground covering, possibly donated material or milled asphalt and some manual labor, this could be improved.

The second part of the trail, after the fitness stations pass by the playground is more physically demanding with some uneven ground and steps. Also, the regrading of the fields for the baseball pitches has left a heavily cambered hill leading to the last station. Again, Mr; Ungar was able to suggest a possible solution to this by clearing a portion of the flat scrub land beyond a small fence and covering with wood chips.

Bisceglie - Scribner Park is a Weston treasure that is heavily used in the summer and on spring weekends, but has the potential to be used year round if small improvements were made and Weston residents made aware of its many uses and ease of parking. Thoughts on how to do this included giving guided trail walks, an open circuit training guided tour and a new "grand" opening once springtime maintenance has been done.

It truly is a beautiful place to walk and unlike some parks, dogs on leashes are allowed. It just occurred to me that perhaps we should also consider a station with "Doggy Poop Pick Up Mitts" and designated garbage can in the parking lot.

Ray, John and I were most appreciative of Mr. Ungar's expertise, knowledge of this park and support of our goals. We look forward to working with him in the future.

Julie

You have been sent 10 pictures.