



# **LIFEGUARD TRAINING** **CLASS**

THE WESTON PARKS & RECREATION DEPARTMENT IS SPONSORING AN **AMERICAN RED CROSS** LIFEGUARD TRAINING COURSE, LIFEGUARD RECERTIFICATION COURSE and CPR PRO-RESCUER CERTIFICATION.

**RECERT...CLASS WILL MEET AT WESTON Middle School POOL.**

THE COURSE INCLUDES CPR FOR THE PROFESSIONAL RESCUER, FIRST AID & AED TRAINING

TO REGISTER: ON LINE [WWW.WESTONCT.GOV](http://WWW.WESTONCT.GOV) USING CREDIT CARD OR DROP OFF PAYMENT TO [THE WESTON PARKS AND RECREATION OFFICE](#) CHECK PAYABLE TO TOWN OF WESTON.

MINIMUM 6 PARTICIPANTS NEEDED FOR CLASS TO BEGIN. MUST BE 15 YRS OLD UPON COMPLETION OF CLASS.

INSTRUCTOR: JERRY KOCHMAN – ANY QUESTIONS??? You may email Jerry [Jerry@westonswimming.org](mailto:Jerry@westonswimming.org)

FEE: \$400.00 LGT full course

\$300.00 LGT recert. (must be currently certified in LGT and CPR)

\$125.00 CPR recert. (must be currently certified in CPR for the Professional Rescuer and will need to bring your rescue mask)

Check made payable to “Town of Weston” Box 1184 Weston, CT 06883

**DATES/DAYS: APRIL 16-20**

**TIME: 10AM -5PM**

*(for those who do a High School sport, email Jerry and he can work something out for leaving early)*