
Weston Parks & Recreation Fall Offerings- Special Needs



NEW

Backyard Sports Skills & Drills

A sports program for boys and girls in grades K-2 and 3-5. Our goal is to create a safe and non-competitive introductory sports program where kids learn and play traditional and non-traditional sports. Through various skills and drills participants will gain confidence, self-awareness and get a great workout. This program will run after school at the Senior Center All Purpose Room.

Program Dates: 9/21-11/16 (No Class 10/12)

Wed: 3:20-4:20 P.M. grades K-2

Wed: 4:30-5:30 P.M. grades 3-5

Location: Sr. Center All Purpose Room

Fee: \$200 for 8 Classes

Instructor: Doug Barshop & Assistants

Weekend



NEW

Sports PLUS (Soccer) by *Backyard Sports*

This program offers Special Needs children, grades K-5 a safe and appropriately competitive program to learn and enjoy team sports. Sports will be chosen seasonally, the Fall Sport is Soccer. Activities focus on athletic development skills while stressing the proper behaviors required for optimal group cooperation. Sports PLUS highlights:

- Parents and families welcome
- Staffed by outstanding teacher/coaches and high school peer mentors
- 1:1 teaching ratio
- Professionally designed curriculum
- Program builds skills, confidence, self-esteem, and a lifetime devotion to sports and fitness

Program Dates: 10/1, 10/15, 10/22, 10/29 (No Class 10/8)

Saturday: 1-2 PM

Location: Sr. Center All Purpose Room

Fee: \$100 for 4 Classes

Instructor: Backyard Sports CARES staff and volunteers.

For more information on Backyard Sports Programs visit

<http://byardsports.com/special-needs.html>